



Lord help me to trust You with everything, to let go of control and place all my fears, concerns and worries at your feet.

Don't let the thought of what might happen reign in my mind.

Let peace, joy and understanding flow from my heart.

Let your Holy Spirit and truth rule in my life.

Let your praises always be on my tongue.

Let the thoughts in my mind and the words of my mouth speak against fear, anxiety and negative thoughts.

I declare and decree I will not and shall not have the spirit of anxiety or fear.

Nor shall my children, my children's children or any generation thereafter carry anxiety.

You have all control of ALL things and EVERYTHING shall work in my favor according to Your Will.