

Gluten Free Items at the Center Café

Food Items

2 Eggs 2 Bacon (without toast)***
Greek Yogurt
Café Salad
Grilled Chicken Caesar Salad
Cranberry Salad
All Dressings
Apple
Banana
Applesauce
Cheetos
Baked Lays
Soft Baked Cookies
Fruit Cup
Carrot Sticks
Cottage Cheese
Egg Salad***
Chicken Salad
Tuna Salad
Vegetable Soup
Stuffed Tomato
Trail Mix
Hummus
Spinach Salad

Shakes**

Banana Berry Smoothie
"Banilla" Smoothie
Cran-Banana Smoothie
Spinach Delite Smoothie
Strawberry Sunshine Smoothie
Peanut Butter Crunch Shake
Chocolate Berry Shake
Mocha Madness Shake

*Additional note which does not regard shakes listed above: **HMR Shake Powders** may contain trace amounts of gluten. If you have Celiac disease or are gluten intolerant, we do not recommend HMR Shakes.*

While we do our very best to identify all gluten-containing foods and to prevent cross-contamination, there is always a slight risk of contamination.

***Our blenders are used to make shakes that contain gluten. If you have Celiac disease or are gluten intolerant, ask for a freshly cleaned blender.*

****We don't recommend ordering this if you are gluten intolerant, as it could be contaminated.*