

# POINT TO POINT

powered by VSECU

## POINT TO POINT FAQs

### GENERAL FAQs

#### What is the Point to Point, powered by VSECU?

Formerly the Harpoon Point to Point, the Point to Point, powered by VSECU, is a fundraising event that benefits the Vermont Foodbank. The event includes cycling (riding) and running options. Riding options include 100-, 50-, and 25- mile road rides and a 20- and 10-mile trail bike ride. New this year, the Point to Point includes a half marathon.

#### Where is the event?

The Point to Point, powered by VSECU will be held at Mount Ascutney, located at 400 Ski Tow Road in Brownsville, Vermont. The parking lot for the event is located on Ski Tow Road, just past the Hotel Road intersection. Rides and the run will start and finish at [the base of the mountain](#).

#### Where should I stay and what can I do in the area?

If you plan to stay for the night or for the weekend, take a peek at [this helpful sheet](#). On it, you'll find plenty of places to stay, including camping areas, resorts, hotels, and motels. You'll also find a number of area attractions to keep you occupied during your stay.

#### Is there a schedule for event day?

Yes, there is. [Click here](#) to download the PDF.

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### FAQS FOR RIDERS/RUNNERS

#### What are the age requirements for riding?

Minors (children below the age of 18) are invited to participate in the Point to Point under the following circumstances: the minor must be 13 years old or older and capable of completing the course, and must be accompanied by an adult at all times on the course. A guardian must sign an insurance waiver for the minor and take responsibility for the safety of the minor during the event. No trailers, tagalongs, or child carriers are allowed.

#### What is the minimum fundraising amount?

The minimum fundraising amount is \$150. If you are not able to raise that amount by the day of the event, you will be charged the remaining balance at registration.

## How much does it cost to register?

In addition to meeting the \$150 minimum fundraising requirement, participants pay a fee based on the ride or run they choose. The earlier you sign up, the less you pay, so register as soon as possible! The chart below includes the fees for all options. If you aren't able to meet the minimum fundraising requirement of \$150, your fee will increase by the amount you have not raised.

RIDE	REGISTRATION FEE (BEFORE JUNE 12)	REGISTRATION FEE (JUNE 12 - JULY 12)	REGISTRATION FEE (JULY 12 - AUG. 7)	DAY-OF REGISTRATION (AUG. 11)
100-MILE ROAD RIDE	\$80	\$85	\$90	\$95
50-MILE ROAD RIDE	\$80	\$85	\$90	\$95
25-MILE ROAD RIDE	\$60	\$65	\$70	\$75
20-MILE TRAIL RIDE	\$80	\$85	\$90	\$95
10-MILE TRAIL RIDE	\$60	\$65	\$70	\$75
1/2 MARATHON TRAIL RUN	\$50	\$55	\$60	\$65

## How can I pay my registration fee and fundraising requirement?

[Click here](#) to register for the Point to Point and to pay your registration fee. To make additional donations, click "Donate" [here](#).

## What benefits can I look forward to?

All riders and runners receive a commemorative event t-shirt, food from the food trucks after their event, and two beer tickets. They also enjoy a well-marked and fully-supported event, fully-stocked rest stops, hot showers, and admission to the P2P Festival including live music and fun activities for all ages.

## May I pick up my packet before ride day?

You may. In fact, we hope you do. Stop by 400 Ski Tow Road on Friday, August 10 from 5:30 to 7:30 PM to pick up your packet, your swag bag, and any prizes you have earned by reaching your fundraising goals.

## Will there be same-day registration?

Yes, day-of registration forms will be available on our homepage, when we close online registration on August 8 at 12:00 PM. Please print the form, fill it out, and bring it with you on ride day to the registration table along with a check for your registration fee. Please do not mail your form ahead of time; registration for this event prior to ride day is available online only.

## When does day-of registration begin?

Here are the day-of registration times for each category:

100-mile road ride: 5:30-6:30 AM

50-mile road ride: 8:00-9:00 AM

25-mile road ride: 10:30-11:30 AM

20-mile mountain bike ride: 8:30-9:30 AM

10-mile mountain bike ride: 8:30-9:30 AM

Half marathon trail run: 9:00-10:00 AM

## Will there be a bag drop for storing my things?

Yes, there will be an unsecured bag drop at the start/finish line, should you need to store personal items while you run or ride.

## What are the rest stop cutoff times?

[Click here to register for the Point to Point](#) and to pay your registration fee. To make additional donations, click here.

### 100-MILE ROAD RIDE REST STOPS/CUTOFF TIMES:

- Rest stop #1: Mile 9.5 in Hartland/Cutoff time: 9:00 AM
- Rest stop #2: Mile 22.7 at Norwich Farmers Market/Cutoff time: 10:30 AM
- Rest stop #3: Mile 39.5 at the South Strafford Recreation Center/Cutoff time: 12:00 PM
- Rest stop #4: Mile 57.5 at the South Royalton Church/Cutoff time: 1:00 PM
- Rest stop #5: Mile 70.5 at Barnard Academy/Cutoff time: 2:15 PM
- Rest stop #6: Mile 80.5 at Woodstock Elementary School/Cutoff time: 3:30 PM

### 50-MILE ROAD RIDE REST STOPS/CUTOFF TIMES:

- Rest stop #1: Mile 9.5 in Hartland/Cutoff time: 11:30 AM
- Rest stop #2: Mile 19 at the Quechee Club/Cutoff time: 1:00 PM
- Rest stop #3: Mile 25.5 at Woodstock Elementary School/Cutoff time: 2:00 PM
- Rest stop #4: Mile 39.5 at the Reading Elementary School/Cutoff time: 3:30 PM

### 25-MILE ROAD RIDE REST STOP/CUTOFF TIME:

- Rest stop: Mile 9.5 in Hartland/Cutoff time: 2:00 PM

### 20-MILE TRAIL RIDE REST STOPS/CUTOFF TIMES:

- Rest stop #1: Mile 6.5 at Rush Meadow Road/Cutoff time: 1:00 PM
- Rest stop #2: Mile 11.5 at Kimball Farm Road/Cutoff time: 2:30 PM

### 10-MILE TRAIL RIDE REST STOP/CUTOFF TIME:

- Rest stop: Located at approximately mile 4.5/Cutoff time: 12:30 PM

### HALF MARATHON REST STOPS/CUTOFF TIMES:

- Rest stop #1: Mile 4.5/Cutoff time: Noon
- Rest stop #2: Mile 9.2/Cutoff time: 1:30 PM

## What road support is offered on the course?

We are working with a number of bike shop sponsors, who will offer working mechanical support on the road and trail.

## What can riders do in an emergency?

In case of an emergency, contact local emergency response officials at 911. Use your cue sheet to specify your location. EMTs, bike mechanics, and other on-road support will be available as well. Please contact the rider hotline, using the number on your cue sheet, to request assistance or report an incident. Please remember to be responsible for yourself and bring with you everything you need to complete the ride.

[The Green Mountain Bike Patrol](#) rides with mountain bike riders to help with any EMS issues or small mechanical issues.

### **SOME ITEMS YOU SHOULD BRING INCLUDE:**

- Spare tube
- Frame pump
- Portable multi-tool
- Money, license, and credit card
- Cell phone
- Two full water bottles
- Two to three energy bars and/or gel packets
- Salt tablets (for longer rides)

### **What are the rules of the road?**

Because this event takes riders and runners along traveled roads and private trails, and through small towns and quiet neighborhoods, riders and runners must be on their best behavior. Every rider or runner who causes problems for local residents hurts our reputation, potentially creating barriers to the future of the event. It also compromises your safety and the safety of others. Please be respectful.

### **SOME BASIC GUIDELINES TO PROTECT YOU AND OTHERS:**

- Ride single file unless conditions allow two abreast.
- Do not ride more than two abreast.
- Obey traffic signs.
- Do not litter.
- Do not urinate in public. Port-o-johns are provided at all rest stops.
- Stay to the right, except when passing.
- Pass on the left only.
- Use the cue sheet and do not leave the course.
- Do not cross the center line, regardless of passing zone.
- Use proper signals when turning.
- Make left turns from the center of the road or left turn lane.
- Cross railroad tracks at right angles.
- Ride in control of your bike at all times (make sure you are able to stop within a reasonable distance).
- Ride defensively, in consideration of your fellow riders.
- Do not use Aero bars.
- Point out and call out any road hazards ahead, including potholes, drain grates, stray animals, opening car doors, sticks, stones, parked cars, etc.
- Do not overlap wheels. A slight direction change could cause wheels to touch and cause a fall.
- Pedal downhill when you are at the front of the group. Cyclists dislike having to ride under brakes.
- When climbing hills, avoid following a wheel too closely. Many riders lose their momentum when rising out of the saddle on a hill, which can cause a sudden deceleration and can cause the following rider to fall from a wheel touch.
- Communicate with your fellow riders, using proper cycling terms like "on your left," "car back," etc.

## Are maps available for the rides or run prior to event day?

There will be maps available for all road rides prior to the event day. Trail rides run through private lands, so mapping on these trails will not be available until race day.

## What can I expect at the rest stops?

At the rest stops, you will be provided with water, electrolyte drinks, energy snacks, and pickles (it's a tradition!).

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## FAQS FOR FUNDRAISING—REGISTERED RIDERS

### Can I fundraise online?

Yes. All participants will receive a [personal fundraising page](#) when they register. This will help you reach and exceed your fundraising requirement of \$150.

### I'm a registered rider. Am I automatically set up to fundraise?

Yes, a fundraising page was automatically created for you when you registered through Classy. [Access your page here.](#)

### When do I need to reach my fundraising minimum of \$150?

All riders and runners are committed to raising a minimum of \$150, unless they paid the \$150 up front along with their entry fee. Fundraising minimums must be met before the day of the event. Participants who are not able to raise the minimum may pay the difference [online](#) or pay on the day of the event. It saves time during rider check-in to take care of this before the event.

### How do I invite friends to donate to my campaign?

Encourage friends and family to donate by sharing the link to your fundraising page via email and social media. Share details about your ride and let them know why reducing hunger in Vermont is a priority for you. [Check out our fundraising tips.](#)

### Can I donate offline, by check?

To send a donation check, make it out to the Vermont Foodbank, provide your name and note that you are a Point to Point rider in the memo line.

The Vermont Foodbank  
P2P Donation  
33 Parker Road  
Barre, VT 05641

## FAQS FOR FUNDRAISING—GENERAL

### Does the Point to Point have a fundraising goal for 2018?

Yes! Our goal is to raise \$250,000 for the Vermont Foodbank this year.

### What organization does the Point to Point raise funds for?

Funds raised through the Point to Point go directly to the [Vermont Foodbank](#), the state's largest hunger-relief organization. The Foodbank serves Vermonters through a network of food shelves, meal sites, schools, hospitals, and housing sites.

### Can I just donate to the Vermont Foodbank?

Of course you can! All donations for the Point to Point go directly to the Vermont Foodbank. If you want to make a general contribution that is not associated with a particular rider, runner, or team, please [click here](#).

If you would prefer to donate by mail, you can make your check out to the Vermont Foodbank. Please write "Point to Point" in the memo field. If you want the donation to be credited to a particular rider, runner, or team, please note their name in the memo as well. Send your check to:

VSECU  
Attention: Point to Point  
PO Box 67  
Montpelier, VT 05601

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## **FAQS FOR ATTENDING**

### **What will be going on during the day while the participants are riding/running?**

In addition to the rides and the run, attendees can enjoy a [day-long Festival](#) that includes activities for all ages, music, food trucks, a beer tent, a marketplace for shopping, and resources. In the Family Fun Zone, kids can learn about bike maintenance from the experts and stay entertained with a cycling obstacle course, a bouncy house, and face painting. As the day progresses, there will be plenty of music, with live talent later in the day, food trucks from a handful of Vermont's finest vendors, and Harpoon beer.

### **When is the after party, and what can I expect?**

You can expect a LOT of fun and beer. Riders, runners, and family members are invited to join the celebration at the [P2P Festival](#), which will include food trucks, live music, and plenty of beer from Harpoon Brewery.

Remarks and awards begin at 3:30 PM, when we recognize our recruiting and fundraising winners as well as the team with the most riders.

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## **FAQS FOR VOLUNTEERING**

### **How do I volunteer for the Point to Point?**

Volunteering is a rewarding way to take part in this fundraising event. Volunteers help cyclists at registration, rest stops throughout the race, the finish line, the Family Fun Zone, and more.

[Click here](#) to learn more and register as a volunteer.

### **What do I receive as a volunteer?**

Volunteers receive an event t-shirt and free food and drink tickets for the [P2P Festival](#).

### **I have questions about volunteering. Who can I contact?**

To learn more about volunteering, [click here](#) or contact Leah Greenberg at [lgreenberg@vsecu.com](mailto:lgreenberg@vsecu.com).