

ILT to VILT Planning

Selecting the information to include in your VILT session

You have your learning objectives and content figured out. Maybe you even have the ILT workshop designed. But now you want to take it to VILT. What's the best way to do that?



Yes

Create VILT instruction in blocks of up to 1h. Make sure you have activities in the sessions to ensure that the facilitator isn't talking the whole time and participants are cognitively engaged.

Yes



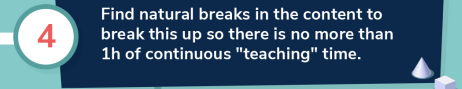
b

create a 15 min stretch break in the middle of a 2h session

a

break the content into separate sessions of no more than 1h each

You can



No

Find ways to reduce or split up the session content.

2

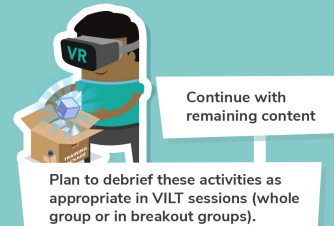
Is there a lecture component that could be addressed with an assigned reading or eLearning in advance?

Yes

Pull that out of the VILT content and create those separate resources as pre-work. Note that if you can put nearly all content in pre-work, you can create a "flipped classroom" where you have little to no didactic portion and use the classroom time to focus on application activities.

Continue with remaining content

No



Make these activities pre-work OR give a 30-60 min break from the class to have participants work on the assignment and come back with it done.

Yes

3

Are there activities that can be done individually, such as applying content to your own situation, doing practice activities, reflection, etc.?

No

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