Courageous transformations



2015 Annual Report







Those children who came to the Idaho Youth Ranch learned to cope with their feelings, heal from their pain, and develop skills that will make them stronger adults and future leaders. However, for every young person helped there are ten more that need support. Idaho Youth Ranch is growing to meet their needs.

We invite you to meet some of the children whose lives you've helped save and are pleased to announce plans for growth moving forward.

Your support

Provided **1,455** families with crisis intervention and referral for community support through our intake coordinator

Provided **5,072** days of emergency shelter for homeless, traumatized, and abused kids

Helped **22** high school students graduate from YOUTHWORKS! with skills that enable them to manage their money, find a job, and support themselves

Provided help for **over 200** families who called our 24-hour hotline

Provided **more than 500 hours** of equine therapy for kids at Hays Shelter Home,
Anchor House, and The Ranch

Did you know

If Idaho Youth Ranch Alumni formed a city, it would be the 10th largest in the state and one of its fastest growing. For more than 60 years we've helped young hearts and minds endure adversity with courage. We provided treatment for these youth one at a time, but when they bring their voices together they carry a single, powerful message of hope.

by population

- 1 BOISE
- 2 MERIDIAN
- 3 NAMPA
- 4 IDAHO FALLS
- 5 POCATELLO
- 6 CALDWELL
- 7 COEUR D'ALENE
- 8 TWIN FALLS
- 9 LEWISTON
- 10 IYR ALUMNI
- 11 POST FALLS
- 12 REXBURG
- 13 MOSCOW

How families come to the Idaho Youth Ranch

While each child is unique and precious, we've come to learn that five paths commonly lead them down the road to the Idaho Youth Ranch. These paths are significant because they tell us where these children have been and, without intervention, where they might be going.

The 5 Common Paths:

Fleeing From Issues Impulsive, risk of running away, family dysfunction

The Loner
Depressed, socially awkward, lacks friends, bullied

Attention Seeker Sneaks out, promiscuous, low self-esteem

Defiant
Angry, disobedient, parents can't take it anymore

Abused Victims

Physically or sexually abused, neglected, abandoned

Courageous Transformations

The next few pages identify paths and turning points Idaho Youth Ranch kids take on their journey to a promising future. Through these stories, we hope you will grow to love and understand these children as we do.

They have what it takes, but it takes everything we have to show them

Why it matters

More than **3,000 homeless children** are living in Treasure Valley school districts.

Suicide is the **2nd leading cause** of death for Idaho teens.

One out of every four kids in an Idaho high school is bullied. Bullied teens are more likely to drop out of school, become depressed, or commit suicide.

Twenty-six percent of Idaho kids come from a single parent household. These young people are more likely to get addicted to drugs, go to prison, or commit suicide.

3,000 homeless children

2nd leading cause of death

1 in 4 are bullied

26% of Idaho kids at risk

COURAGEOUS TRANSFORMATIONS

To protect the identities of our clients, the following are compilations of their stories. No stories are meant to represent any individual child.

Fleeing From Issues



When her parents divorced, 14-year-old Emma felt her world flip upside down. Her mother watched helplessly as her daughter spiraled out of control.

Her grades fell and by 15 Emma was drinking almost every weekend. When mom

found Emma in the bathroom unconscious with an empty bottle of vodka, she sent Emma to a rehab facility. Emma made her first attempt to run away after several failed rounds of rehab. Officers found her at the bus station with \$40 of stolen money and a one-way ticket to California. Crying and desperate, mom finally found the Idaho Youth Ranch.

Idaho Youth Ranch therapists suggested Functional Family Therapy and Equine Therapy to Emma's family. The first time she rode a horse, Emma was sure she would get bucked off. When she learned the horse would respond to her emotions, she began controlling them, which forced her to confront them. Working with their family therapist, Emma discovered she was no longer angry at her parents and finally faced her grief and anger. In learning to understand her feelings, she finally began to accept her family.



For kids who flee from issues, courageous transformations happen when they start controlling their emotions instead of hiding from them. With the specialized help of Idaho Youth Ranch therapists, we help kids break down each struggle, confront it, and overcome it, giving them the skills they need for a promising future.

transforming pain and despair

COURAGEOUS TRANSFORMATIONS

The Loner



Jake's parents told him to close his social media accounts when the kids started bullying him online. They did not know about the hateful emails, texts, and hallway shoves he endured. Jake's parents did not realize how serious the problem was until he tried to commit suicide. That's when they called the Idaho Youth Ranch.

At Idaho Youth Ranch's Anchor House Campus, Jake found he was not alone in his struggles, and that gave him courage. He and his therapist walked every day and talked about Jacob's bullies. It was not long before his old smile returned among the group of his new found friends. After months of Dialectical Behavioral Therapy (DBT) and Equine Therapy Jake found the courage he needed to stand up for himself and learned the skills he needed to overcome confrontation. With his new found self-esteem, the kid who was tormented by bullies was no longer afraid to go to school.

For bullied teenagers, a courageous transformation happens when a child regains the power to define his self-worth and not have it dictated by schoolyard bullies. In overcoming that obstacle, Idaho Youth Ranch kids graduate with a sense of self-respect and dignity that helps them grow into capable adults.

Attention Seeker



Grace's first memory was crying while chasing her dad's car down the street through the snow when he drove away and out of her life.

Now 16, Grace earned a reputation for a good time at weekend parties. When she started sending inappropriate pictures of herself to boys, she didn't plan on the photos circulating the entire student body. When her mom found the cuts along the insides of Emma's

forearms, she called the Idaho Youth Ranch.

Grace's first breakthrough happened when she acknowledged that she felt unloved and unwanted by her father's abandonment. Her therapist helped her realize that she still had one parent fighting for her who loved her and, through family therapy, mother and daughter were able to reconnect and move forward.

For young people who are seeking attention and approval, a courageous transformation happens when they begin to recognize their feelings and learn to recognize the harmful consequences of risky behavior. In doing so, kids take responsibility for themselves and their futures.



creating a promising future

COURAGEOUS TRANSFORMATIONS

Defiant
PATH NUMBER 4

James learned how to hit from his dad. At 13, the once scared little boy went on a campaign of terror against his parents by shouting through doors and punching walls. When he was 16, Mom simply could not stand to be around her son anymore. The fighting was just too much. She was in tears when she called the Idaho Youth Ranch.



His first week at Idaho Youth Ranch's Hays Shelter Home, James learned that his yelling did not work on the therapists. After going home James and mom came to Functional Family Therapy sessions every week and learned to talk to each other again. James began to see the harm his rage caused his mother and little brother. His anger began to cool when James discovered he was not doomed to become the man his father was. He cried when he realized he could choose the man he would be.



For many rebellious teenagers, courageous transformations happen when the family comes together to recognize what is broken and finds the strength to overcome it together. Sometimes the only way to save a child is to restore the family.

Abused Girl PATH NUMBER 5

At 13, Beth was afraid of the dark. He came in the dark. Beth's anxiety and depression regarding her abuse were such that she chewed her fingernails down to bloody stubs. When she became stressed out or overwhelmed, she began pulling her hair and slapping herself. She stopped eating. After a botched attempt at suicide, a doctor suggested the Idaho Youth Ranch.



It was while working with the horse that Beth made her first friend at the Ranch, another girl who attempted suicide. It was this bond that gave her the courage to open up about the abuse. Fearing her mother's heartbreak, Beth refused when her therapist told her she must come forward. "He said my mother would hate me," Beth cried. Beth's friend and her therapist held her hand when she finally told her mother. Liberated from her fear and shame, Beth finally began to heal.



For abuse victims, the **courageous transformation** happens when they accept that they are not at fault for the abuse they suffered. When they learn that the shame is not theirs, they begin taking back the sense of self-worth their abusers stole.

HAYS SHELTER HOME

Imagine waking up at 5-years-old in your dad's small, dirty house in the Houston ghetto to discover no food anywhere. Thirsty, you climb carefully onto the sticky counter to get a glass of water, but find the faucet dry. Outside, the water hose, too, is dry. "Dad," you ask, "Do you have some money so I can have a can of soda?" He says no and offers you a beer. This is Adam's first memory of drinking with his dad.

Hays Shelter Home



Hays Shelter Home

Adam's Story

Beyond emergency care and a safe place to land, Hays Shelter Home offers:

- Individual, family, and group therapy.
- Skill building—including social skills, conflict and anger management, and problem-solving.
- Accredited academic curriculum for grades 9 to 12.
- Case management—connecting and coordinating people involved in each kid's present and future including family, social workers, school and medical personnel, the justice system, and community agencies.
- Community service projects.

Why it matters

In 2015, your donation helped **87 kids** like Adam get the help they needed at Hays Shelter Home.

87 kids



HAYS SHFITFR HOME

At 5-years-old, already an accomplished thief under the tutelage of his older brother, Adam says he did what he had to do to survive. He always tried hard in school, but was learning how to smoke marijuana when most children are learning to read, tie their shoes, and ride a bike. "I quit smoking weed from about the 4th grade to the 7th grade and really tried in school," he said.

He remembers standing proud on the stage to receive awards for math and science and feeling heartbroken to find his parents were not in the crowd. "It just feels real bad," he said, tears in the 18-year-old's eyes. "You look out, and you see everybody else sitting with their mom or dad, and yours don't bother to show up. It feels bad, you know?"

"I remember this one time my mom came at me with a frying pan and starting hitting me with it. My sister tried to get in between us to stop her, but I had to leave the house that night. That was okay because she kicked me out all the time." Adam was then 14. "When someone tells you you're not worth nothing all the time, you start to believe it."

...STUDYING MATHEMATICS, SO HE CAN PURSUE HIS DREAM OF BEING AN ASTRONAUT

He learned to deal, steal, and fight from his older brother. After six months in a Juvenile Corrections Center, his mother, her boyfriend, and Adam moved to Idaho to live in a small, uninsulated trailer in Mountain Home. Although Adam broke his ankle before the move, he was expected to find work in the fields and pay rent. "One day I just couldn't take it no more, so I packed my stuff after they left and started walking to Boise on my broken ankle."

After wandering Boise homeless for a week in October, a stranger on a bus ride told him about Hays Shelter Home. "I walked all night, and it was cold and I just showed up. I've been here ever since."

"The thing is, sometimes all you need is an opportunity to succeed. A lot of kids they just never had a chance to do better, so they start doing bad stuff because that's what they know. When you come here [to Hay's Shelter Home], they give you the opportunity and make you think about what's best for you."

In just four months after arriving at Hays Shelter Home, Adam completed his GED earning the highest score Hays has ever seen. He enrolled in classes at College of Western Idaho and began working toward an Associate's Degree. He hopes to study engineering and mathematics, so he can pursue his dream of being an astronaut. After the therapists at Hays Shelter Home helped him find a program to cover the medical costs, Adam finally had surgery to repair the damage more than a year after breaking his ankle.

"For the first time, people are telling me they believe in me. Just in this little time, they've already boosted my self-esteem more than my mom ever has. They're telling me things like 'you can do it!' It feels good to hear that even if it is from a stranger."

Today, the young man who limped into Boise on a broken ankle to live homeless on the streets is reentering the world on his own two feet sand shooting for the moon—literally.

We call that a courageous transformation

THE RANCH

"I guess it's because my dad left when we were young. My dad was a drug addict, so we spent a lot of time bouncing around from house to house running away from drug dealers, not being in the same school for a whole year and always switching. I was never stable in one place. You know, I was just a kid. I didn't know we had to run away from bad people or that my dad was bad. That's hard on a kid, you know."

The Ranch



The Ranch Monica's Story

Since the day Reverend James Crowe and his wife Ruby Carey Crowe started a boys' ranch outside Rupert in 1953, the Idaho Youth Ranch grew into a statewide multi-service agency. Thanks to generous donors and thrift store sales, we can keep care affordable so that no child is turned away because of the family's inability to pay.

Why it matters

In 2015, Idaho Youth Ranch served **2,292 kids** and their families with the support they needed for a promising future

2,292 kids



THE RANCH

At 13, Monica was sneaking out, screaming at her mom, and dropping behind in school. Having grown up without a father, Monica went spiraling down a dark path when her mother finally remarried. "I didn't even like him. He was just this guy coming into my life and going to tell me what to do."

Desperate for a miracle, a friend recommended Idaho Youth Ranch Anchor House to her mom. Feeling unloved and unwanted, Monica refused to cooperate with the therapy.

"I can remember them buying Conner, my brother new baseball stuff. It was like my parents didn't care about melike they didn't love me so, whatever, I was going to do what I want. I couldn't see that it was my behavior that kept them from doing that kind of stuff for me."

In an angry attempt to hurt her parents, she was hurting herself and putting herself at great risk. With all of this in mind, her parents and Anchor House therapist decided the best way to help Monica was at the Ranch.

...I WOULD BE PREGNANT, IN JAIL OR DEAD, INSTEAD I'M STUDYING TO BE A DENTAL HYGIENIST

"When they [her parents] left I didn't even say good-bye. I was furious. I couldn't believe they sent me away. I didn't want to be there, and I was determined that I wasn't going to try. I was going to flunk out and show them they couldn't make me change. I didn't expect to love it or make friends."

Secretly excited about the animals, Monica befriended a horse named Thunder. "There were times I would just pet the horse and cry. I know it sounds strange, but it felt really good. It was things like that and working with my therapist that made me decide I could be better for myself. That made all the difference."

When her parents visited from Coeur d'Alene to see their daughter for the first time in six months, neither they nor Monica knew what to expect. "I was scared and nervous. Six months is a long time not to see them, and I worried they would think I might just be faking it, you know. They came and watched me ride my horse and see my 4-H dairy calf. It was nice. We spent the whole day together, and there was no fighting or yelling. They said they were proud of me. That was a big deal."

Over the course of 15 months, while she was at the Ranch, Monica graduated high school and set her eyes toward the future. After returning home, Monica accepted a job with Amazon in Fort Worth, Texas and began studying to be a dental hygienist.

"Without the Idaho Youth Ranch, I'd probably be pregnant, in jail, or dead. That's hard to say, but that's just the truth. I learned that I can change who I am for myself. I miss my friends and my horse, but it is a part of me now, and I am grateful."

Now 18, Monica is standing at the start of a bright future when just a few years ago her future was full of pain.

We call that a courageous transformation



ANCHOR HOUSE

At the beautiful Anchor House campus in Coeur d'Alene, the Idaho Youth Ranch provides North Idaho's youth with the most comprehensive and effective therapies to put them back on a path to a promising future.

Equine Therapy



Blending three proven results based therapies; Functional Family Therapy, EAGALA – Equine Therapy, and Dialectical Behavior Therapy the Idaho Youth Ranch provides a proven treatment model unavailable anywhere else in Idaho.

Anchor House

Life Skill Classes Therapy Reintegration





THERAPFUTIC PATHWAYS

Three proven methods for changing kid's lives

The Idaho Youth Ranch is the only certified provider of Functional Family Therapy (FFT) in the state. FFT is a proven, family-based treatment model designed to help struggling families improve their relationships and the dynamic in the home. As opposed to working with one member of the household, FFT helps the whole family.

Dialectical Behavior Therapy (DBT) is a comprehensive, behavioral treatment model focused on problem solving and skill-based strategies. The goal is to change the way a person thinks about a situation before reacting to it, making this a very successful treatment for young people.

Idaho Youth Ranch therapists bring Idaho families Equine Therapy as both a standalone treatment or as an integrated part of the FFT and DBT treatment models. An Equine Assisted Growth and Learning Association (EAGALA) trained specialist, an Idaho Youth Ranch therapist, and our horses work with kids. By participating in activities with the horses, kids learn to process and discuss feelings, behaviors, and patterns. Equine Therapy is a powerful and effective therapeutic approach that produces incredible results.



PROGRAMS AND SERVICES

Adoption Sevices



In 2015, Idaho Youth Ranch helped 273 families in the adoption process.

Facing an unplanned pregnancy can be one of the most challenging times in a woman's life. The Idaho Youth Ranch works with adoptive parents to provide loving, stable homes for newborns and children.

Our team of professionals guides expectant mothers through the decision-making process with confidential counseling and education

about all the options. Our priority is to help women make an informed decision based on the best possible outcome for herself and her unborn child. We provide comprehensive support services that include decision-making support and conflict resolution skills, as well as referrals to legal, medical, and community resources.

For those who chose to keep their baby, we connect them to community resources designed to help become successful parents. When adoption is the right choice, we guide birth mothers through the process.

Because we facilitate open adoptions, it allows us to help both adoptive and birth parents come to the best solution possible for the children. We stay with those children as they grow and continue to offer our support as they grow and understand their past so that they will have a bright, promising future.

Ranch Readers

We believe all children deserve an excellent start in their future. In 2015, the Idaho Youth Ranch and its donors put 65,352 books into the hands of young readers. Any child who comes to the Youth Ranch gets to leave with a free book. This service helps bridge the gap for kids who struggle in school due to lack of reading at home. Studies show that children who read at home are more likely to be successful at school and are more likely to go on to college.

PROGRAMS AND SERVICES

Alumni Relations

"I couldn't believe it when I got my alumni badge," said one graduate. "My life hasn't been easy, and this is the first time I've been an alumni of anything." The Idaho Youth Ranch is committed to finishing the job and providing ongoing support. Our alumni organization provides continued support to our graduates and helps build a sense of community among them. It gives us enormous pleasure to see formerly struggling young people blossom into adults and have children of their own. Because we are

invested in the futures of all of our kids, we offer scholarships for continued education.

Nearly New and Totally You

Idaho Youth Ranch is most known for its thrift stores, but few people know the actual impact the stores offer to the state and the community. The thrift stores began as a private means of creating long-term sustainability to our organization and to help pay for some of the care of our kids. Today, our 29 thrift stores have paved the way to expand our services throughout the state. They also provide jobs for over

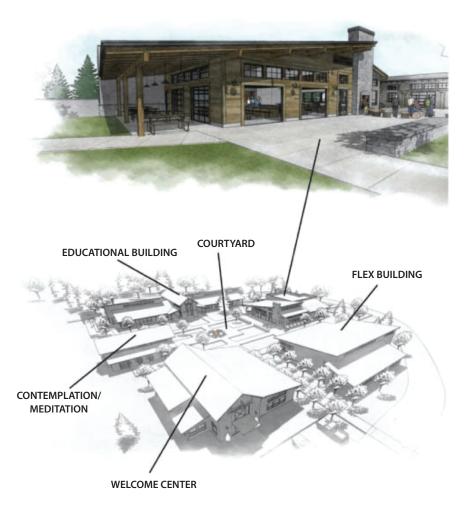
300 Idahoans statewide; offer quality, affordable goods to the community; and through the YouthWorks! program help give high school kids job experience,

financial education, and skills for the job market.



THE RANCH'S TRANSFORMATION

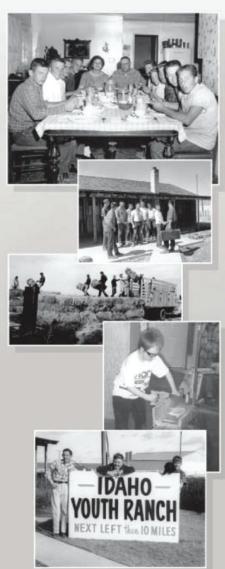
The goals are ambitious. The mission is simple. Just as the Idaho Youth Ranch and our donors transformed a small ranch home into a sanctuary for wounded children, we know that with courage, hard-work, dedication, and perseverance we can bring new ranch home to life.





Growing Better Together

The Ranch's Transformation



The Ranch served us well for over 63 years

Growing to meet the needs of our youth and their futures

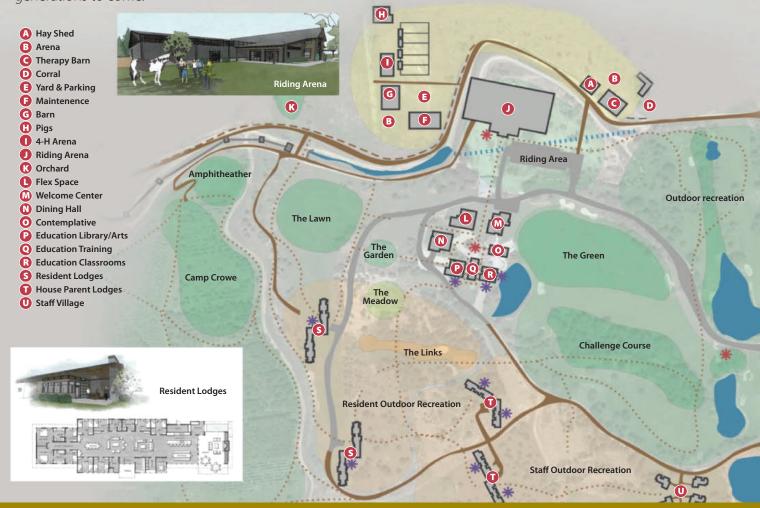
THE RANCH'S TRANSFORMATION

From the original Ranch location in Rupert, the Idaho Youth Ranch and its donors provided much-needed care for Idaho's most vulnerable kids for more than 60 years. From its humble beginnings in a small farmhouse, the Ranch grew by adding working fields, barns, housing for the kids, and space for them to grow. One of the greatest lessons we teach the kids is when it is time to move on from the past and work toward a brighter future. In 2015, that is what the Idaho Youth Ranch did.

The need in Idaho outgrew our ability to serve it at our Rupert Ranch. We, therefore, set our eyes west on the Treasure Valley for the first phase of a statewide plan for growth.

The new Ranch in Canyon County will bring modern comfort, expanded growth, and new opportunities for Idaho's youth, while still paying homage to our humble beginnings. The new 258-acre ranch will host a riding arena, barns, chapel, new residential facilities for kids, a rec hall, an education building, and wide-open space for the kids.

When it's finished, the new Ranch campus will provide a world-class community resource for Idahoans. Partnerships with organizations such as the Treasure Valley YMCA, Boys and Girls Club, and Big Brothers Big Sisters will help create a safety net for Idaho's kids. Every penny invested in the Idaho Youth Ranch will pay dividends for generations to come.



Need for continued support

In the few minutes it takes you to read this page, children will hide from their abusers or cry for help that will not come. There are more than 45 reports of child abuse every day in Idaho. That is nearly 2 per hour, 24 hours a day, 365 days per year. Without intervention, these children will grow up without self-worth and, almost without exception, condemn their children to the same fate. That is the battle the Idaho Youth Ranch fights. What if one of these kids is someone close to you?

Even in the best homes, children are facing an uphill battle. Teenagers have always struggled with bullying, depression, sexual pressure, and ease of access to drugs and alcohol. Today, however, teens find their bullies online; more than one out of four come from single-parent households, and the school resources have grown too thin to offer support to any one student. Is it surprising that more than 15 percent of high school students 9th-12th have seriously considered suicide or that more than one third are sexually active or that twenty percent were high or drunk during their last sexual encounter? Without guidance, these kids are likely to wind up incarcerated, suicidal, or dependent.

Please, help us fight for Idaho's future. Will you help provide sanctuary for kids who have known pain, fear, or abuse? They come from all backgrounds, but find their way to the Youth Ranch for one reason— they need help. The Idaho Youth Ranch provides hope for kids and families who suffer. Each dollar you donate has a lasting, generational impact on Idaho.



Positive Statements

Over 200

coats donated to Idaho children in need.

\$19,692

provided to Idaho schools from donation huts.

48

lawn mowers and edge trimmers used to give Meridian Tech students training in mechanics.

13,229

meals provided from food collected at Idaho Youth Ranch thrift stores.

65,352

books given to young readers in Idaho to support literacy.

53,647

volunteers hours.

1 Ton

of eye glasses collected for the Lion's Club.

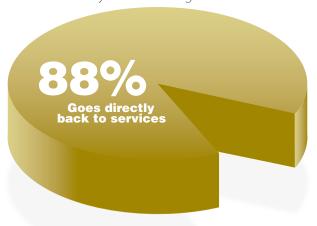
110% Commitment to our youth.

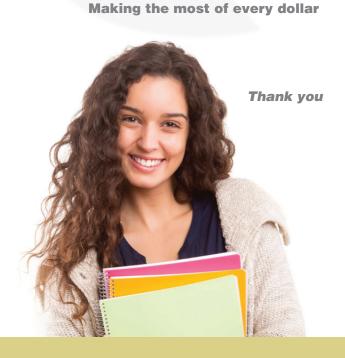


Financial Statements

Idaho Youth Ranch's financial strategy is twofold: 1) develop and maintain a diversified set of funding sources that provide consistent funding for our programs and services over time; and 2) direct as much funding as possible for the provision of high-quality programs and services while maintaining a competent and committed workforce, strong management and careful stewardship of our financial and other resources.

View our 990 Form and Audited financial statement on youthranch.org





Statement of Financial Position at June 30, 2015

MODEIO	A	S	S	E1	rs
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	TOTAL ASSETS	\$38,274,126
Land, Buildings and Equipment, net		16,914,673
Idaho Youth Land Reserve		7,295,000
Other Current Assets		1,206,284
Investments		10,208,947
Cash and Cash Equivalents		\$2,649,222

LIABILITIES

Payables	\$2,085,130
Deferred Revenue	1,118,056
Notes Payable	5,990,919
Interest in Life Estate	3,277,935

TOTAL LIABILITIES \$12,472,040

NET ASSETS

	TOTAL NET ASSETS	\$25,802,086
Permanently restricted		4,585,205
Temporarily restricted		782,107
Unrestricted		\$20,434,774

TOTAL LIABILITIES AND NET ASSETS

\$38,274,126

Statement of Activities – for the 12 Months Ending June 30, 2015

SUPPORT AND REVENUES

TOTAL SUPPORT A	
Other Income	779,485
Program Fees and Services	770,322
Social Enterprise	15,971,685
Public Support	\$2,751,302

EXPENSES

Program Services:

Residential Treatment	\$3,605,484
Other Treatment Services	1,099,532
Social Enterprise	15,755,918

TOTAL PROGRAM SERVICES \$20,460,934

Supporting Services:

	TOTAL SUPPORTING SERVICES	\$2,901,539
Fundraising		1,254,380
General and Administr	ative	\$1,647,159

TOTAL EXPENSES \$23,362,473

Net Decrease in Net Assets	(\$3,089,679)
Net Assets, Beginning of Year	28,891,765
Net Assets, End of Year	\$25,802,086

2015 Annual Report – Evaluation Summary

"It's imperative to us that we can demonstrate that what we do works. It's important that the kids and families we help, as well as for you, to know your support makes a difference.

2015 is the third year the Idaho Youth Ranch teamed with researchers from Boise State University (BSU) to conduct an independent analysis of the effectiveness of IYR programs.

All clients are given surveys at the beginning and end of services and up to one year after services end. The surveys measure the change in several critical areas including behavior, family functioning, education/employment, health, drug/alcohol usage, career focus, and community connectedness.

We record all responses, and the BSU team runs a statistical analysis. Results from 2015 showed significant improvements in key areas including:

Emotional symptoms

Education

Conduct problems

• Family and non-family relationships

Pro-social behavior

Employment

Conflict resolution

Personal confidence

We'll continue each year to have an independent analysis of our programs."

-Dr. Robert Ball

In their words...



"I would be homeless if it weren't for the Idaho Youth Ranch... You have put in such a large amount of money, and I have no doubt that it will be used for what I think is an amazing use. I can't express how wonderful [your donation] is, and all I can say is thank you."

-Alex, 16

"To all the people who donated to the Idaho Youth Ranch, I just want to thank you for all that you gave us. I don't know where I'd be with you."

-Candice, 16

"You help many kids in need and provide a safe place. It just gets us one step closer to succeeding and farther away from the bad things in our lives."



-Monet, 15

