



MORE THAN A PLACE,
IT'S A FEELING!



What Camp Was Meant To Be

Beautiful 200-acre campus

where boys and girls
ages 7 to 17 experience
the best of a traditional
Maine summer camp

Sparkling 55-acre private lake

waterskiing, sailing,
paddleboarding, windsurfing,
canoeing, kayaking,
swimming and more!

High and low ropes course, athletic fields and arts studios

more than 100
exciting activities!



ACTIVITIES FROM A TO Z

What will you do at Camp North Star? With more than 100 activities from Archery to Zip-line, every child finds something new to explore. Our skills-focused elective program allows children to select new activities each week and achieve success at their own pace, regardless of ability or experience. All of our instructional staff are appropriately certified and trained, and dedicated to safety and fun.

- ◆ Individual and Team Sports
- ◆ Waterfront Activities
- ◆ Creative, Performing and Visual Arts
- ◆ Ropes Course and Rock Climbing
- ◆ Outdoor Education
- ◆ Enrichment Activities
- ◆ Multi-Media Programs
- ◆ Equestrian and Golf Programs

Evening Programs, Special Events and Field Trips

Our fun-filled camp days include age-appropriate evening programs, traditional special events, and off-campus field trips to favorite destinations. Each event is a new opportunity for sharing camp spirit and friendship.

- ◆ Banquet
- ◆ Campfires
- ◆ Casino Night
- ◆ Dances
- ◆ Gold Rush
- ◆ Lip Sync
- ◆ Entertainment and Special Guests
- ◆ Camp Carnival
- ◆ Olympic Games
- ◆ Eco-Challenge
- ◆ Overnight Camping
- ◆ Inter-Camp Sports
- ◆ Theme Days
- ◆ Beach Trips
- ◆ Moose Safari Canoe Trip
- ◆ Portland Sea Dogs Baseball Games
- ◆ Whitewater Rafting
- ◆ Hiking Expeditions
- ◆ July 4th Fireworks at Poland Spring Resort

Learn more about ACTIVITIES at www.campnorthstarmaine.com.



CAMP LIFE

Camp fun starts in the cabin! Our spacious cabins blend traditional style with modern amenities to create a comfortable home for 2 to 3 staff members and 8 to 10 campers grouped by gender, age and grade. We carefully consider each child's needs to create successful cabin groups.

Every cabin features:

- ◆ Two private bathrooms
- ◆ Sturdy wooden bunk beds
- ◆ Spacious, personal clothing cubbies
- ◆ Ceiling fans and electricity
- ◆ A porch overlooking the lake



OUR SUPERSTAR STAFF



Camp North Star has a warm and welcoming family atmosphere. Owners/Directors Steven and Brooke Bernstein are camp professionals and parents of three children who treasure their own memories as campers and counselors, and who understand how a great camp experience lasts a lifetime.



We search worldwide to bring the best staff to Camp North Star, and many return year after year. Our staff members are outstanding role models, fully committed to caring for children with enthusiasm, experience, patience and compassion.

All staff receive extensive training that exceeds camp industry standards. With professional workshop sessions focused on youth development, positive outcomes, education and safety, we create a safe and nurturing community where children thrive and grow.

OUR CAMP DAY

7:30	Wake up
8:00	Breakfast
8:45	Cabin clean-up
9:45	1 st Activity
10:50	2 nd Activity
Noon	Lunch
12:45	Rest Time
1:30	3 rd Activity
2:35	4 th Activity
3:40	Afternoon Snack
3:50	5 th Activity
4:55	6 th Activity
5:45	Camp Meeting
6:00	Dinner
6:45	Supervised Free Play
7:30	Evening Program & Snack

HEALTHY AND HAPPY



Delicious & Nutritious Meals

Eating! Singing! Spirit! It all happens in our Dining Hall, making meals a happy time to relax and recharge. Cabins dine together family style at breakfast and dinner and cafeteria style at lunch. Afternoon and evening snacks are also served here daily.

- ◆ Daily menus prepared by certified health coach
- ◆ Healthy and kid-friendly choices at every meal
- ◆ Vegetarian options always available
- ◆ Super salad bar at lunch and dinner
- ◆ Fresh fruit served all day
- ◆ Nut free
- ◆ Customized menus for food allergies, intolerances and individual dietary needs

24/7 On-campus Health Center

Our on-site registered nurses treat children around the clock at our North Star Health Center. In this welcoming medical facility situated at the center of camp, experienced staff attend to physical, behavioral and emotional issues to keep kids healthy and happy. For consultations or advanced acute care, a family medical practice is on-call just up the camp road. Central Maine Medical Center is located just 10 miles away in nearby Lewiston.

DISCOVER THE RICHs

Camp North Star is more than a place...it's a feeling!

Children feel connected and valued because of the RICHs—an enduring values system that is the heart of our camp community. Every day, every camper is encouraged to practice 21st century life skills and the RICHs:

- ◆ **Respect**
- ◆ **Independence**
- ◆ **Caring**
- ◆ **Honor**
- ◆ **Spirit!**

Our goal is to teach life skills that promote success in camp and in school, and instill values to last a lifetime. Camp North Star helps children become the best version of themselves.



Learn more about 21st century skills and the RICHs at
www.campnorthstarmaine.com.

WHAT WILL YOU DO AT CAMP NORTH STAR?

*"There are so many activities,
you can choose whatever you
want to do. Every summer I want
to try something new."*

*— Hope S., Age 10
Greenwich, CT*

*"Every year I come back to have
the best summer of my life."*

*— Eva O., Age 15
Dedham, MA*

*"Our son loved his counselors.
His experience at Camp North
Star was everything that a
parent or child could hope for."*

*— Camp NorthStar Parent
Ellen C., Delray Beach, FL*

*"Camp NorthStar is the
feeling you get when you
come to a place where
everyone makes you
feel good."*

*— Sam B., Age 11,
Highland Park, IL*



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