# Permission needed for your child to use the Skill Lab mobile app

**SKILL|LAB**

Hi Parents,

This year during physical education classes, students will be using the Skill Lab mobile app to learn, assess and improve both exercise and sport skill technique. **Recent changes in physical education national standards now recognize that teaching children how to properly perform a variety of motor (physical) skills and movement patterns is a critical component to supporting life-long engagement in physical activity**. Developing proper motor skill technique typically requires hours of 1-on-1 coaching, which is difficult to achieve in schools due to high student-to-instructor ratios. We are using the Skill Lab mobile learning app to help resolve this by offering students a personalized, fun and engaging way to learn a variety of motor skills.

While using the Skill Lab app, your child will have videos recorded of them performing a variety of movements to help learn and improve their technique. They may also complete simple assessment checklists to keep track of what they need to improve. These videos and assessments will be shared with teachers so they can track learning progress and provide additional feedback. **Your child can access their videos, assessments and teacher feedback from home by downloading the Skill Lab app from the App Store or Clever App Library. Skill Lab currently only works on iOS devices.**

**If your child is under 13, I need your consent to allow your child to use Skill Lab while at school. Please complete the permission slip below and return it as soon as possible!**

**Learn more about Skill Lab**

Skill Lab was created by exercise, physical education and health professionals at Athlete Era to help children become more confident engaging in physical activity and sport. It is intended to be used in moderation (15 minutes per class) as a support tool to provide technique instruction, helping ensure students are safe and successful during any form of physical activity.

Information privacy and security is very important to us. That is why we utilize Google as a software service provider to encrypt and store all information collected while using the Skill Lab app. If you would like to learn more about how we collect, manage and store information, please **read our full privacy policy at athlete-era.com/privacy.** If you would like to learn more about the Skill Lab mobile app, **visit athlete-era.com/skilllab.**

Student Name:_____

Your Name:_____

Your Email:_____

Your Signature:_____ Date:_____