The Spirituality of St. Francis of Assisi

Presenter: Br. William Short, O.F.M., S.T.L., S.T.D.

12 25-minute lectures on 4 DVDs

Far from being a relic of the Middle Ages, Franciscan spirituality remains a growing and vital movement worldwide. Its influence has shaped many of the most popular Catholic devotions, from the Stations of the Cross to Eucharistic Adoration.

Now, *The Spirituality of St. Francis of Assisi* invites you to learn from the Franciscan tradition of living the gospel. In this inspiring course, you will look at the spiritual writings of St. Francis and his followers as well as how they put their beliefs into practice. Br. William Short's powerful yet accessible lectures deliver you the heart of the treasures from this "little poor man of Assisi."

In these lectures, you will explore St. Francis's spiritual practices, life of prayer, and meditations on the Crucified Christ. You will also reflect on profound questions posed by the Franciscan tradition.

- Why does Francis consider joy a good defense against the influence of evil?
- How does the Incarnation of the Word relate to creation?
- What can the Gospel reveal about the "poverty of God"?

You will then look at the contributions of St. Clare of Assisi, St. Bonaventure, St. Anthony of Padua, and Bl. John Duns Scotus. Finally, you will explore the modern-day legacy of St. Francis.

By exploring the rich Franciscan spiritual tradition, you will encounter Christ at the heart of the world.

- Spirit & Life: Hearing the Gospel and Putting It into Practice
- Cleaning the House Inside Us: The Word in Our Hearts
- A Poor Woman and the Word: The Blessed Virgin Mary
- Christmas as the Meaning of History
- The Humility of God: Reverence for the Holy Eucharist
- We Adore You: The Cross at the Heart of the Church
- A Salutation of the Virtues: Humility and Patience
- True and Perfect Joy: Enduring Suffering, Keeping Peace
- No Gloomy Hypocrites! Spiritual Joy to Frustrate the Devil
- The Soul's Journey into God: The Path of Franciscan Mysticism
- The Mirror Hanging on the Cross: Finding Our True Self in Christ Crucified
- Christ the Center of All Things: Nature as God's Good Creation in Christ

Electronic Study Guide is provided.