



# Join the National Digital Mental Health Revolution

## Registered Social Worker – BEACON eTherapist (all Canadian Jurisdictions <u>except</u> Ontario, Full or Part Time)

If you want to grow your professional career in a way that leverages your evidence-based expertise while participating in the future of digital mental health, then join our revolution.

CBT Associates/BEACON is a dynamic organization that specializes in the provision of evidence-based assessment and treatment services. We recently launched BEACON, an innovative digital therapy platform poised to increase access to effective treatment for Canadians experiencing mental health problems.

The delivery and evaluation of mental health services is rapidly evolving from credential-based to competency and outcomes-based. Our clients and other stakeholders are looking for effective evidence-based treatment. At CBT Associates/BEACON we are embracing accountability and empowering our clients and associates by:

- making assessment and treatment more accessible, effective, and affordable
- increasing the efficiency of assessment, triage, clinical decision making and reporting
- providing effective protocol driven Cognitive Behavioural Therapy (CBT)
- facilitating engagement and homework completion
- measuring outcomes, satisfaction and alliance
- stepping up and stepping down care based on patients' needs

We're expanding our team of exceptional eTherapists to use BEACON to provide effective assessment, triage and treatment to adults with mood and anxiety disorders nationally from coast to coast to coast.

Our team includes Registered Social Workers residing in British Columbia, Alberta, Saskatchewan, Manitoba, Northwest Territories, Yukon, Nunavut, Quebec, New Brunswick, Nova Scotia, Newfoundland and Labrador, and PEI, who work as part- or full-time eTherapists receiving extensive training and support from our Toronto-based clinical leadership.

CBT Associates/BEACON is committed to supporting the continuous professional development of the clinicians in our network. We have an established program of eTherapist training and consultation through individual and group supervision, rounds, seminars, and workshops.





This is an outstanding opportunity to collaborate with a large group of dedicated clinicians and join a digital health care company with continuously expanding opportunities.

### What Makes You a Great Fit for Our Team

You must have a minimum of an MSW and must be registered with the College of Social Work in a province other than Ontario. Registered Social Workers residing in the Greater Toronto Area or residing in another jurisdiction are encouraged to apply.

We are looking for people who:

- Enjoy a dynamic and changing environment. We are continuously innovating to make mental health treatment more accessible, keep up with the demand for high-quality service, and remain a leading evidence-based practice.
- Value growth and development. We embrace accountability, transparency, and continuous learning. We provide regular trainings and workshops. We are looking for someone who shares these values and is excited to share their expertise with our team.
- Identify as an evidence-based practitioner. We are committed to CBT and evidence-based practices. Extensive training and experience in CBT is ideal, additional experience or interest in DBT, MBCT, or ACT is highly desirable.
- Have experience in disability management/return-to-work treatment and believe that working is an important contributor to mental wellness.
- Have flexible availability. We are recruiting full-time and part-time eTherapists. However, we promise to respond to messages from our clients within two business days, so you need to be available to check for messages on the platform and respond every business day in a way that works with your schedule.

#### Compensation

You may be compensated with a salary or on an hourly basis. Salaried positions may also be available.

### How to Get Considered for the Role

Please provide a cover letter, curriculum vitae by email to <u>hiring@cbtassociates.com</u>. Only candidates selected for interview will be contacted.

To learn more about CBT Associates, and our clinicians, please see our website at: <u>http://www.cbtassociates.com</u>.

To learn more about BEACON, please see our website at: http://www.mindbeacon.com