YOUNG PEOPLE'S ACADEMY

This school no longer focuses on the punitive approach. We use the reflective and restorative approach.



£1 of funding =
£4.10
Social Return on Investment.

23© Student 1-2-1 sessions

Young People's Academy (YPA) is a special co-educational school for students aged 11 - 16 with Social, Emotional and Mental Health difficulties. All students have a statement of educational needs or an Education, Health and Care Plan. Approximately 80% of students are eligible for the Pupil Premium Grant, which is substantially above the national average. Our engagement involved embedding ourselves within the school for 2 days per week for an academic year.

£23,400 invested. From this we delivered £104,081 of social value by improving the emotional wellbeing of students, supporting parents and students with mental health issues and supporting the staff and school.

Through this project we worked with 79 students directly through 1:1 sessions, 5 parents/carers through 1:1 sessions and a consultation model.

We also supported **53 staff members to feel more confident in talking about mental health** difficulties such as self-harm and suicide, and recognising early signs of mental health problems. This also changed the school culture to become more aware and sensitive to student's needs.

We supported students and parents/carers with a number of issues such as self-harm, suicidal thoughts, anger difficulties, child sexual exploitation, depression and anxiety. We also reduced high-risk behaviours such as fire setting and violence.

Comparing behavioural incidents in January 2016 and January 2017, overall there has been a 68% reduction in high, medium and low risk behaviours displayed.

- → 90% decrease in reported high-risk behaviours.
- → 68% decrease in medium risk behaviours
- → 51% increase in low risk behaviours. This increase was predicted - it demonstrates that staff have used their skills to intervene earlier to prevent the incident escalating.

## WHAT IMPACT HAS INNOVATING MINDS HAD ON:

You: My practice with regard to staff has completely changed. I am more aware of how my actions may be perceived and I am more active in being pre-emptive in what may be an issue or pressure point for staff.

79 © Students reached

£104,081

Achieved from an investment of £23,400

What impact has IM had on school as a whole?

It has changed the direction of the school with a substantive staffing restructure and ethos.

> Michele Lentes, Deputy Head Teacher

Other staff: Staff are more reflective and less dismissive of students and critical about their actions. It is more about understanding and accepting rather than punishing and trying to 'fix' students.

Pupils: Students are less anxious and are somewhat keener to work with and talk with staff particularly when there is an issue. The severity of student behaviour incidents have decreased. The school does not fix term exclude unless in exceptional circumstances but we are not seeing the same incidences in which we have excluded in the past anyway.

## WHAT 3 THINGS HAVE INNOVATING MINDS HELPED WITH?

- 1. A decline in staff assaults
- 2. Students with reduced levels of anxiety
- 3. A cohesive and clear direction and ethos.

A majority of the time we are the preferred choice of support over the employee assistance programme.

Increased staff
productivity

53© Staff reached

