

One-Page Personal Plan (OPPP)

Name: _____

Date: _____

		Relationships	Achievements	Rituals	Wealth
Faith	10 – 25 Years (Aspirations)				
	Family				
Friends	1 Year (Activities)				
	90 Days (Actions)	Start	Start	Start	Start
Fitness	90 Days (Actions)				
	Finance	Stop	Stop	Stop	Stop
Finance	90 Days (Actions)				