

Spotlight on Success



Atlantic Health System

System-wide safety measures and dedicated case management reduce injuries, improve recoveries, and lower Atlantic Health System's total cost of risk



A self-insured health system, Atlantic Health System's (AHS) own in-house Occupational Medicine Service (OMS) and Occupational & Environmental Safety Department oversee employee health and safety. In recent years, an increase in workplace injuries and a lack of dedicated resources to aid injured employees' recoveries saw the cost of workers' compensation claims escalate. The teams jointly instituted several mitigation measures and in 2015 conducted a "Lean Project" to further analyze, understand, and enhance their workers' compensation program.

Partnership Results

- Hired an RN Workers' Compensation Case Coordinator who works directly with PMA focused exclusively on injured employees' recoveries
- Instituted an ongoing Slips-Trips-Falls Injury Prevention campaign and annual Employee/Nurse Safe Defense training
- Ongoing Safe Patient Handling Program has resulted in a notable reduction in patient handling injuries
- Employee injury rate down 11% 2015-2016 while facility and employee numbers grew
- Workers' compensation claims costs down 61% since 2014
- Medical costs down 54% since 2014
- Lost work days reduced 80% since 2015

2016 Teddy Award Honorable Mention

Atlantic Health System was recently recognized by one of the most coveted award programs in workers' compensation.

For more than 20 years, *Risk & Insurance*® has used its Theodore Roosevelt Workers' Compensation & Disability Management Award (Teddy Award for short) to recognize exceptional workers' compensation programs.

Each year, the Teddy judges independently review applications, looking for innovation, flexible approaches, and sustainable results.

Atlantic Health System's commitment to employee health and safety, unique in-house workers' compensation case management, and sustainable program results landed them a 2016 Teddy Award Honorable Mention.

“OMS is very proud to accept this honor on behalf of AHS. The institution of the RN Workers' Compensation Case Coordinator has led to the continued success and improvement of our workers' compensation program.”

— Linda Reiher, APN
Manager, OMS
Atlantic Health System



“As a result of the AHS/PMA partnership, OMS continues to provide excellent patient care while effectively managing workers' compensation injuries and minimizing costs.”

— Rachel Leib, MD, MBA, MS
Medical Director, OMS
Atlantic Health System

About Atlantic Health System

Atlantic Health System, headquartered in Morristown, New Jersey, is a leading non-profit health care delivery system in New Jersey. Our network includes Morristown Medical Center in Morristown, NJ; Overlook Medical Center in Summit, NJ; Newton Medical Center in Newton, NJ; Chilton Medical Center in Pompton Plains, NJ; Hackettstown Medical Center in Hackettstown, NJ; and Goryeb Children's Hospital in Morristown, NJ, as well as Atlantic Rehabilitation, and Atlantic Home Care and Hospice. It also includes its subsidiary, Atlantic Ambulance Corporation. Atlantic Health System comprises 1,747 licensed beds, more than 14,000 employees and more than 4,000 physicians. Atlantic Health System has a medical school affiliation with the Sidney Kimmel Medical College at Thomas Jefferson University; is part of Atlantic Accountable Care Organization, one of the largest ACOs in the nation, and is a member of AllSpire Health Partners.

PMA Companies

With over 100 years of experience, we are a trusted leader and recognized expert in commercial risk management insurance solutions and services. We specialize in workers' compensation and holistic TPA services. With a relentless focus on clients, we work with them to jointly tackle the risk management challenges that impact their total cost of risk and business results. Our service-driven culture is one of accountability, teamwork, and performance—so every day, every employee is working hard on behalf of our clients. PMA Companies includes PMA Insurance Group, PMA Management Corp., and PMA Management Corp. of New England. Headquartered in Blue Bell, Pennsylvania, PMA Companies is part of the Old Republic General Insurance Group (www.oldrepublicinsurancegroup.com), the largest business segment within the Old Republic International Corporation (NYSE: ORI), one of the nation's 50 largest publicly held insurance organizations.