

Spotlight on Success



Excela Health

Enterprise-wide commitment to safety protects health-care system's workers and reduces its total cost of risk



In 2011, Excela Health initiated a comprehensive safety program that permeates the healthcare system, with full support from its Board of Trustees through frontline staff and the entire organization owning safety. Today, Excela's more than 4,500 physician, hospital, home health & hospice, and mental health employees are enjoying safer workplaces, smoother return-to-work transitions, and a culture of safety and wellness that they helped create.

Partnership Results

- "Healthiest 100 Workplaces in America" designee since 2014
- OSHA Recordable Incident Rate of 1.65 in 2016 versus 6.6 industry average
- Nearly 86% reduction in paid workers' compensation claims costs 2008-2015
- Innovative safety and health training measures raise awareness and annually reduce Blood & Body Fluid (BBF) incidents since 2011
- Temporary Transitional Return-to-Work Program aids recovery, pays pre-injury rates, and helps employees continue accruing benefits

2016 Teddy Award Winner

Excela Health recently earned one of the most coveted honors in the workers' compensation industry today.

For more than 20 years, *Risk & Insurance*® has used its Theodore Roosevelt Workers' Compensation & Disability Management Award (Teddy Award for short) to recognize exceptional workers' compensation programs.

“Our employees are our greatest assets. Receiving the Teddy Award validates that we are being effective in keeping them healthy, safe, and engaged in maintaining that environment for one another as well as the patients they care for.”

— Laurie English

SVP, Chief Human Resources Officer
Excela Health

Each year, the Teddy judges independently review applications, looking for innovation, flexible approaches, and sustainable results.

Excela Health's continuous improvement approach to enterprise-wide employee safety and health, partnered with effective training and awareness strategies, landed them a 2016 Teddy Award.



Spike, Excela's friendly safety mascot



A mandatory patient handling training session



A recent Excela Health safety fair

About Excela Health

Excela Health is a healthcare system with three unique hospitals that employ 3,359 employees, physician practices that employ 900 employees across 98 locations, Home Health Care and Hospice services that employ 206 employees who travel to patient homes each day with over 275 patient visits per day, and Caregivers of Southwestern PA employing 37 employees who work with mental health programs. Excela Health offers care across a continuum—from prevention and wellness to emergency care, acute care, intensive care, outpatient care, physical, speech and occupational rehabilitation, home care, hospice, and medical equipment and supplies. Through a system approach, Excela Health can, and does, seek to make care accessible and affordable for its many communities.

About PMA Companies

With over 100 years of experience, we are a trusted leader and recognized expert in commercial risk management insurance solutions and services. We specialize in workers' compensation and holistic TPA services. With a relentless focus on clients, we work with them to jointly tackle the risk management challenges that impact their total cost of risk and business results. Our service-driven culture is one of accountability, teamwork, and performance—so every day, every employee is working hard on behalf of our clients. PMA Companies includes PMA Insurance Group, PMA Management Corp., and PMA Management Corp. of New England. Headquartered in Blue Bell, Pennsylvania, PMA Companies is part of the Old Republic General Insurance Group (www.oldrepublicinsurancegroup.com), the largest business segment within the Old Republic International Corporation (NYSE: ORI), one of the nation's 50 largest publicly held insurance organizations.