

Spotlight^{on} Success



Helia Healthcare

Employee Safety & Robust Risk Management
Key to Helia Healthcare's Healthy Workers'
Compensation Program



Helia Healthcare operates 10 skilled nursing facilities and four premier rehabilitation centers throughout Illinois. Its 850 caring and compassionate health professionals provide everything from advanced clinical services to assistance with medications and mobility.

Partnership Results

- 54% drop in total workers' compensation claim frequency rate
- 72% reduction in "fall or slip injury" occurrences
- Earned PMA's "Award of Excellence in Risk Management" for safety results and communication

Helia Healthcare says...

“...I really love when I can share our achievements and congratulate our employees on their hard work—because I couldn’t be more proud of everything that they do to support each other, our patients, and our organization.”

— **Steve Miller**
President, Helia Healthcare



“From where we started to what we’ve accomplished today, it’s a testament to what teamwork and truly caring for the welfare of your employees can achieve.”

— **Gerard Teckmeyer**
Risk Management Services
Underwriting Executive,
PMA Companies

About PMA Companies

PMA Companies (www.pmacompanies.com) provides risk management solutions and services in the U.S., specializing in workers’ compensation for larger accounts.

Headquartered in Blue Bell, PA, PMA Companies is part of the Old Republic General Insurance Group (www.oldrepublicinsurancegroup.com), the largest business segment within Old Republic International (NYSE: ORI), one of the nation’s 50 largest publicly held insurance organizations.

PMA Companies includes:

- **PMA Insurance Group**, specializing in workers’ compensation, and providing other commercial property & casualty insurance products
- **PMA Management Corp. and PMA Management Corp. of New England**, providing results-driven TPA and Risk Services for workers’ compensation, commercial auto, general liability and commercial property