

Specialized Services



Offering practical solutions

PMA Risk Control offers a suite of specialized services for specific loss exposures. Our risk control professionals are certified and experienced in a variety of areas that can be crucial to your employees' safety and organization's success. Everything we do is about reducing our clients' total cost of risk and helping make our clients' organizations better.

PMA's Specialized Services include:



Ergonomic Services

An improper fit between the worker and the work being performed can result in inefficiency and injury. PMA Risk Control can help your company make ergonomic improvements with services including:

- Evaluating job tasks to identify and quantify ergonomic risk factors. We utilize internationally recognized ergonomic assessment tools.
- Collaborating with your employees and you to identify feasible and cost-effective solutions to improve productivity and reduce or eliminate ergonomic risk factors.
- Verifying the effectiveness of these ergonomic improvements by conducting post-implementation assessments of job tasks.



We offer ergonomics awareness training, as well as technical bulletins that provide guidance in tool and workstation design or redesign.

Our Ergonomics Problem Solving (EPS) enables you to develop solutions to your ergonomic challenges and prioritize improvements in your operations. EPS integrates your company's knowledge of job tasks with PMA's ergonomic assessment and problem-solving tool. A PMA Risk Control consultant can facilitate EPS training at your facility.



Industrial Hygiene & Occupational Health Services

Our Certified Industrial Hygienists (CIH) and Certified Occupational Health Nurses (COHN) can evaluate your occupational health risks through program reviews, workplace observations and when appropriate, field data including air sampling and sound level measurements.

Our solutions include technical reports and strategies to eliminate or control the exposures, and guide you on ways to maintain worker health through strategies including:

- hearing conservation and respiratory protection programs
- hiring practices and job placement programs
- employee education and wellness



Industrial Safety Services

Industrial settings can lead to many loss exposures ranging from harmful chemicals and confined spaces to workplace violence and hazards from tool and machine operation. To prevent industrial accidents, it is essential to identify exposures and implement best practices, including employee training.

PMA's industrial safety services include:

- **Onsite Detailed Hazard Evaluation**—a complete assessment to determine exposures and equipment guarding needs
- **Hazard Reduction Service Plan Development**—includes an evaluation of your facility's survey results and establishment of a service plan with a priority listing of corrective actions
- **Development of Employee Training**—for equipment exposures and operation
- **Safety Committee Services**—assistance in organizing the committee and training in hazard recognition and corrective actions
- **OSHA 10 and 30 hour training service**



Transportation & Fleet Safety Services



Our Risk Control professionals help clients reduce risk and cost by improving fleet safety and reliability. We consult with organizations to improve driver selection, hiring and training. We offer recommendations on fleet safety policies and procedures. And we help identify and implement best practices for vehicle maintenance, including pre- and post-trip inspections. Driver monitoring programs are available.



Construction Safety Services

PMA's Risk Control team offers tailored capabilities to construction companies. Specialized services include contractor safety program assessment, job site evaluation services, OSHA 10 and 30 hour training service, toolbox talks and other employee communication sources. Assistance with regulatory compliance can also be provided.



Property & Business Continuity Services



Specialized services include fire prevention (site evaluation, exposure identification and control, sprinkler impairment program) as well as operations planning (review of building plans and automatic sprinkler design) and business continuity planning in the event of a fire or property damage.

Want to learn more? www.pmacompanies.com/contact | info@pmagroup.com | 888-4PMA-NOW

About PMA Companies

With over 100 years of experience, we are a trusted leader and recognized expert in commercial risk management insurance solutions and services. We specialize in workers' compensation and holistic TPA services. With a relentless focus on clients, we work with them to jointly tackle the risk management challenges that impact their total cost of risk and business results.

Our service-driven culture is one of accountability, teamwork and performance—so every day, every employee is working hard on behalf of our clients.

PMA Companies includes PMA Insurance Group, PMA Management Corp., and PMA Management Corp. of New England. Headquartered in Blue Bell, Pennsylvania, PMA Companies is part of the Old Republic General Insurance Group (www.oldrepublicinsurancegroup.com), the largest business segment within the Old Republic International Corporation (NYSE: ORI), one of the nation's 50 largest publicly held insurance organizations.

