

# Spotlight<sup>on</sup> Success



## Valley Health System

Regional health system creates sustainable best-in-class workers' compensation program



Five years ago, Valley Health System set out to transform its workers' compensation program. They instituted comprehensive return-to-work initiatives, three-times-a-year claims reviews, clinical case management, a full-scale Safe Patient Handling program, a Workplace Violence Team, hired a Workers' Compensation Care Coordinator, and launched a health and wellness program. Today, its workers' compensation program is achieving outstanding results and recognized as a best practices model.

## Partnership Results

2012-2016

- **Nearly 70% improvement** | OSHA incident rate dropped from 5.72 to 1.76
- **54% decrease** in number of lost-time claims per year
- **69% reduction** in workers' compensation budget - **while FTEs rose 14%**
- **1,684** | Number of employee wellness program participants, an **88% enrollment increase** since 2012
- A **Care Coordinator** who helps employees recover, **return to work** sooner, and **feel truly cared for** in the process

## 2017 Teddy Award Winner

Valley Health System recently earned one of the most coveted honors in the workers' compensation industry today.

For more than 20 years, *Risk & Insurance*® has used its Theodore Roosevelt Workers' Compensation & Disability Management Award (Teddy Award for short) to recognize exceptional workers' compensation programs.

Each year, the Teddy judges independently review applications, looking for innovation, flexible approaches, and sustainable results.

Valley Health's transformation into a best-in-class workers' compensation program, sustainable safety results, and direct impact on employee wellness landed them a 2017 Teddy Award.

***“This has been an incredible five-year journey with impressive outcomes. The effectiveness of encompassing all aspects of the employee continuum into your work and non-work related injury processes cannot be overstated.”***

— Barbara Schultz

Director of Employee Health & Wellness  
Valley Health System



### About Valley Health System

Valley Health System is a regional healthcare system that serves residents in northern New Jersey and southern New York. It comprises The Valley Hospital, Valley Home Care and Valley Medical Group. Key services include cardiology, oncology, women's and children's services, emergency care, orthopedics and neurosciences. Valley Health System's Centers of Excellence offer comprehensive coordinated inpatient and outpatient programs and services to help ensure excellent clinical outcomes and quality. The Centers of Excellence include Cardiac/Heart Failure, Diabetes, Oncology, Pulmonary, Geriatrics, Total Joint and Neurovascular. Valley maintains affiliations and collaborations with Mount Sinai Health System and with Cleveland Clinic's Sydell and Arnold Miller Family Heart & Vascular Institute.

### About PMA Companies

With over 100 years of experience, we are a trusted leader and recognized expert in commercial risk management insurance solutions and services. We specialize in workers' compensation and holistic TPA services. With a relentless focus on clients, we work with them to jointly tackle the risk management challenges that impact their total cost of risk and business results. Our service-driven culture is one of accountability, teamwork, and performance—so every day, every employee is working hard on behalf of our clients. PMA Companies includes PMA Insurance Group, PMA Management Corp., and PMA Management Corp. of New England. Headquartered in Blue Bell, Pennsylvania, PMA Companies is part of the Old Republic General Insurance Group ([www.oldrepublicinsurancegroup.com](http://www.oldrepublicinsurancegroup.com)), the largest business segment within the Old Republic International Corporation (NYSE: ORI), one of the nation's 50 largest publicly held insurance organizations.

