

"ParentCorps is not like any other parenting class that I have been to, I was not being lectured, I got to reflect on why I chose the ways I parent."

"I think ParentCorps is something that would help the younger parents and the grandmothers to deal with our children better."

"I would tell other fathers who are out there that they should get involved with ParentCorps so they'll have someone else they can depend on, someone who can help them with their situation."

"I learned so much about parenting. I also learned that I'm doing a good job as a parent but I really have to start looking out for me."

Reach out to your pre-K teacher to find out more!

NYU Langone Health



center for early childhood health and development

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ParentCorps



Together we create **safe**, **nurturing** and **predictable** environments to help every child succeed.

ParentCorps is part of your child's pre-K.

- Come to weekly sessions to meet other parents, enjoy meals, and enter drawings for prizes.
- Your whole family is welcome!
- ParentCorps is provided at **no cost** to families.
- Everyone will receive fun materials to use at home.



Tools to make the most of everyday moments with your child

Children thrive in environments that are safe, nurturing and predictable.

Each session of the ParentCorps Parenting Program introduces strategies to create safe, nurturing and predictable environments to help children learn skills like following directions, getting along with other children, and handling frustration.

These skills help children grow to have happy, healthy and successful futures.

Studies show that when families participate in ParentCorps in pre-K, it makes a real difference. As children move up through elementary school, they are less likely to act out, feel sad or worried, and they do better in school.

Every family is unique. We come from different cultures, speak different languages, and live in different communities. We have our own values and beliefs about how to raise children.

We all know how tough parenting can be.

ParentCorps provides a unique opportunity to come together, share ideas and learn from each other.



Together We: Parent. Share. Learn. Grow.