





































SCHEDULE / Cherry Hill

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 BURN 6:00am	 FOUNDATION 5:30am	 FOUNDATION 5:00am	 BURN 5:30am	 FOUNDATION 5:00am	 FOUNDATION 8:30am	 STRENGTH 11:00am
 FOUNDATION 9:30am	 FOUNDATION 7:00am	 STRENGTH 6:00am	 STRENGTH 9:30am	 FOUNDATION 6:00pm	 BURN 10:30am	 FOUNDATION 1:00pm
 STRENGTH 4:30pm	 BURN 9:30am	 FOUNDATION 7:30am	 STRENGTH 5:30pm	 FOUNDATION 7:30am	 BURN 12:30pm	
 BURN 5:30pm	 BURN 4:30pm	 BURN 9:30am	 FOUNDATION 6:30pm	 BURN 5:30pm		
 STRENGTH 6:30pm	 BURN 5:30pm	 FOUNDATION 4:30pm		 FOUNDATION 7:00pm		
 STRENGTH 7:30pm	 FOUNDATION 6:30pm	 FOUNDATION 6:00pm				
	 STRENGTH 7:30pm	 BURN 7:00pm				

All sessions require a reservation. Schedule subject to change
 Thank you for enrolling in Edge Strong today.
 Please visit the front desk to check in and receive your class token.