










































SCHEDULE / Cherry Hill

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 BURN 6:00am	 FOUNDATION 5:30am	 FOUNDATION 5:00am	 BURN 5:30am	 SGT 5:00am	 FOUNDATION 8:30am	 RECOVER 9:00am
 FOUNDATION 9:30am	 RECOVER 7:00am	 SGT 6:00am	 SGT 6:30am	 SGT 6:00am	 RECOVER 9:30am	 SGT 10:00am
 SGT 4:30pm	 BURN 9:30am	 BURN 9:30am	 RECOVER 8:30am	 RECOVER 7:00am	 BURN 10:30am	 SGT 11:00am
 BURN 5:30pm	 SGT 4:30pm	 RECOVER 5:00pm	 SGT 9:30am	 BURN 5:00pm	 SGT 11:30pm	
 RECOVER 6:30pm	 BURN 5:30pm	 FOUNDATION 6:00pm	 BURN 5:30pm	 RECOVER 6:00pm		
 SGT 7:30pm	 FOUNDATION 6:30pm	 BURN 7:00pm	 FOUNDATION 6:30pm	 FOUNDATION 7:00pm		
	 RECOVER 7:30pm	 SGT 8:00pm				

All sessions require a reservation.
Schedule subject to change.