



# Welcome to The Edge!

## FREQUENTLY ASKED QUESTIONS

### **Class Schedule**

**Q:** How frequently do we change the schedule?

**A:** *We make changes to our class schedules seasonally every quarter*

**Q:** Do I need to sign up for classes?

**A:** *Yes, you will need to sign up for classes. You can enroll in classes by using our Edge Fitness Clubs App (information is located below regarding under APP)*

**Q:** How long in advance can I sign up for classes?

**A:** *Members may enroll in a class 49-hours before the class begins via app, website or at the studio kiosk (provided the class is not full)*

### **Edge Kids**

**Q:** What are the Edge Kids Rules and Regulations?

**A:** Click [here](#) for Rules and Regulations

### **App**

Please click [here](#) to view our app guide.

**Q:** Want to check in to the gym?

**A:** *You can use your scan tag or refer to the app to check in using the barcode on the top left-hand corner.*

**Q:** What is Edge Rewards?

**A:** *Please be sure to register for our rewards program after downloading our app to begin accumulating points to be redeemed for free Edge services and retail items!*

### **Edge Strong**

**Q:** What is Edge Strong?

**A:** *Edge Strong is our Team Training program led by our certified Personal Trainers.*

**Q:** How much is it?

**A:** *Edge Strong may be purchased separately from your membership for only \$49.99/month. If you are working one on one with a personal trainer, it is included in your personal training rate. Please click [here](#) for more details.*