

Small Group Pilates / Shelton

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					8:30 AM Kathy	
9:30 AM Kathy	10:00 AM Kathy		10:00 AM Kathy	10:00 AM Kathy	9:30 AM Kathy	
	12:00 PM Kathy				10:30 AM Kathy	
6:00 PM Kathy		6:00 PM Kathy			11:30 AM Kathy	
7:00 PM Kathy		7:00 PM Kathy				

EDGE
PILATES
 PRECISION ■ CONTROL ■ STRENGTH

Book your First Class FREE!
 Contact sdinatale@theedgefitnessclubs.com

