

**A regular practice involves:**

**20**  
Athletes

**1**  
Coach

**120**  
Minutes

**Which only gives the coach**
**6**  
minutes  
per  
athlete

**50%**  
of practice

 spent on stopwatch,  
counting strokes, writing  
on the board, etc.

**3 minutes**  
per athlete

 time lost not talking  
to athletes or  
watching technique

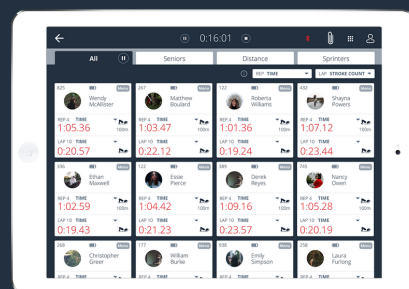
**TritonWear gives this time back!**

**322**  
full practices  
per season

 Time regained by using TritonWear  
to collect and track data:

**16.1 hours / year / athlete**
**322 hours / team / year**

Equivalent to:

**8 workouts / year / athlete, or  
160 workouts / team / year**

**What is this worth?**

 To track your athletes effectively, you're going to need  
one of two things: **technology**, or **more bodies on deck**.

**Financial value  
for Parent**
**\$60** hourly cost for a  
personal coach

 16.1 hours per  
year equals

**\$966**

 worth of personal  
coach time gained

**Financial value  
for Team**
**\$18,000**

 Minimum annual cost  
for an additional person

**\$9,600**

 TritonWear  
cost per team  
(assuming 20 athletes)

**\$480** TritonWear  
cost per  
athlete

 TritonWear costs **\$486**  
less than investing in an  
equal amount of personal  
coaching time per child

 TritonWear is  
**\$8,400**

 less than hiring  
an additional person