



## DISC Sports & Spine Center **Appointment Checklist**

Let us help you prepare for your appointment at DISC Sports & Spine Center. Use this checklist to gather the necessary items to bring with you to ensure your appointment is focused on treating your medical needs.

Photo ID

Insurance card(s)

MRI reports

CT reports

X-ray reports

Injection reports

Bring CD with all related images (MRI, CT, X-ray)

Any other diagnostic imaging for the condition

Other doctor's consult notes

### DISC Sports & Spine Center Office Locations

**Newport Beach:**

3501 Jamboree Road, Suite 1250  
Newport Beach, CA 92660  
Phone: 949-988-7800

**Marina Del Rey:**

13160 Mindanao Way, Suite 300  
Marina del Rey, CA 90292  
Phone: 310-574-0400