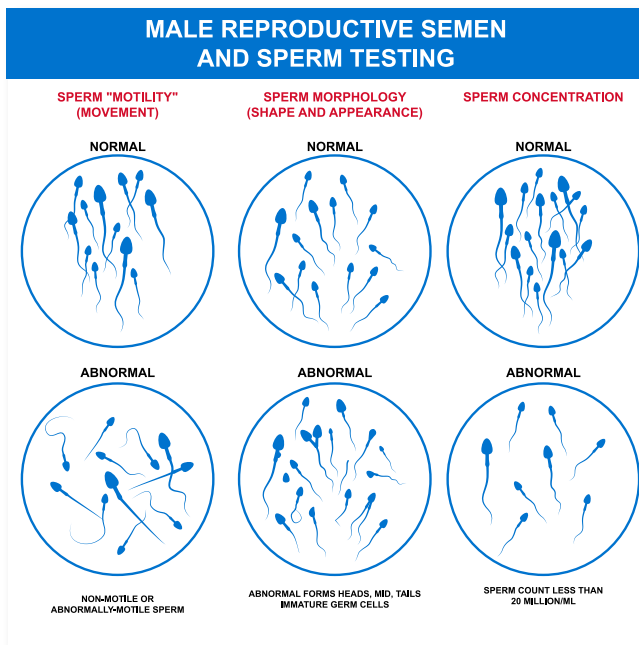
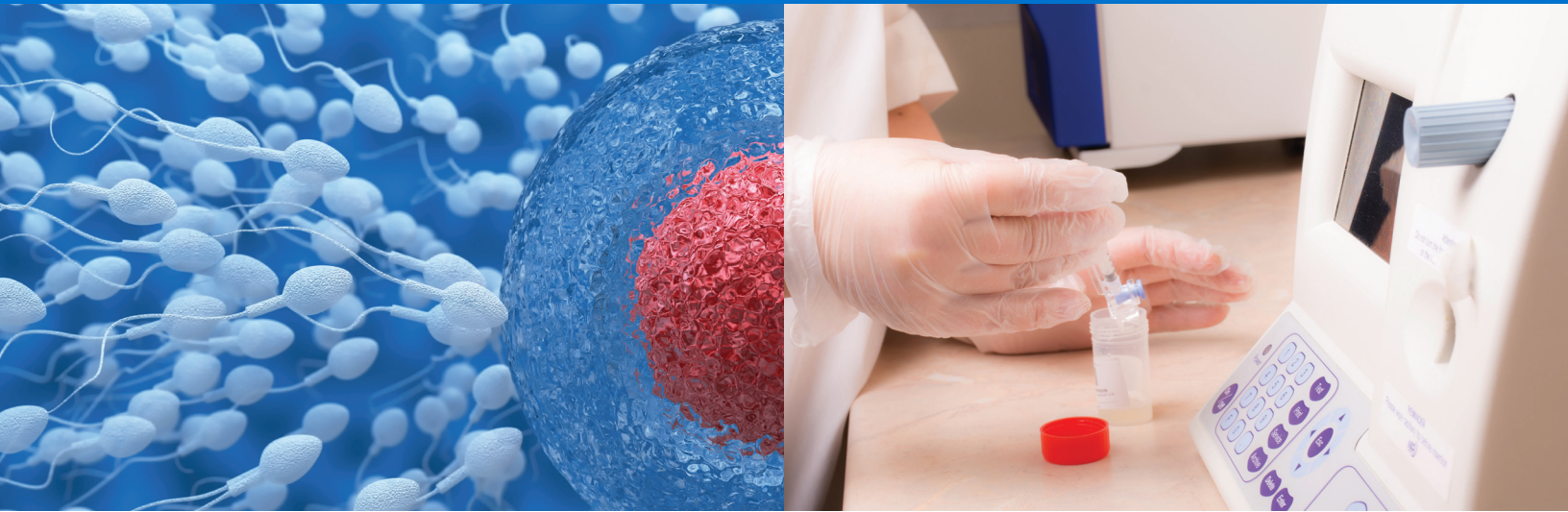


Semen analysis makes sense when you're *struggling to have a child.*



Especially when it's...

- Low-cost
- High-quality
- Private
- Flexible
- Comprehensive

Here's the reality: the man is either the sole cause or a contributing cause of fertility problems in 40 percent of struggling couples. But there's good news – we have advanced techniques to improve male fertility. And having your semen analyzed early in the process can save you and your partner the time, money and stress of unnecessary testing. You can produce the sample in our office or in the privacy of your own home, and you'll generally get your results within 48 hours.

Let's solve this together. Call any of our centers or visit us at KofinasFertility.com.



MANHATTAN 55 Central Park West • New York, NY 10023 **212-807-7000**
BROOKLYN 506 6th Street • Brooklyn, NY 11215 **718-243-1600**
STATEN ISLAND 4855 Hylan Blvd. • Staten Island, NY 10312 **718-356-4000**

Kofinas Fertility Group
New York IVF
Andrology Laboratory
55 Central Park West, New York, NY 10023
Tel: 212-807-7000 Fax: 212-433-2578

Instructions for Collection of Semen Specimens at Home

The Andrology Laboratory of Kofinas Fertility Group will only accept semen on the day your laboratory test is performed. Consult the following schedule to find a day and time that works for you:

Laboratory Procedure	Days Performed	Semen Acceptance Times
Semen Analysis	Monday, Thursday, Friday	7:00 am – 10:00 am BY APPOINTMENT ONLY

To schedule a semen analysis appointment, call 212-807-7000.

To produce the highest quality semen specimen, you must:

- I. Abstain from ejaculation (do not have sex or masturbate) for a period of 2 to 3 days prior to obtaining your specimen. Please note that both shorter and longer periods of abstinence can reduce the quality of your specimen.
- II. Once collected, keep the specimen container under your clothing and in contact with your skin until you drop off the specimen at our lab.
- III. Deliver your specimen to Kofinas Fertility Group (addresses above) as soon as possible (within 1 to 1.5 hours after ejaculation).*

To obtain an uncontaminated semen specimen, follow these steps:

1. Purchase a sterile urine collection cup at your local pharmacy.
2. Immediately prior to collecting your semen, remove the specimen cup from the plastic wrapper.
3. Write the first and last name of you and your partner on the provided label.
4. Remove the threaded lid from the specimen cup. Please do not touch the inside of the cup.
5. Masturbate, ejaculating the entire specimen into the open specimen cup.
6. Securely replace the threaded lid on the specimen cup.
7. Write the time of ejaculation on the self-adhesive label and attach it to the outside of the specimen cup.
8. Deliver the cup to Kofinas Fertility Group (addresses above).* Upon arrival at the office, immediately present the cup to the receptionist. Next, you'll complete the appropriate test requisition form, which includes your name, the name of the physician requesting the test, date, time of ejaculation and period of abstinence.
9. Your report will be faxed to your physician within 48 hours.

**Please bring specimen, lab paperwork and your physician's referral (either on medical letterhead or prescription pad).*