

This program has been
accredited by CARF.**January 2017****Words to Live by**

*“Tomorrow is the first
blank page of a 365-page
book. Write a good one.”*

-Brad Paisley

Birthday Wishes

*Happy birthday to all
those celebrating in
January!*

Welcome

*Please welcome our
newest Club members,
Latres A. and Ricky G.!*

Holiday Closure

*The day program will be
closed Monday, January 2
in observance of New
Year’s Day. Enjoy your
long weekend!*

**Community Opportunities Club North**

10602 Underwood Pkwy, Wauwatosa, WI 53226

(414) 259-7890 jennifer.houston@goodwillsew.com**New Entrance**

Please be advised that upon completion of our building’s construction, participants and visitors will be required to use the new entrance at the front of the building. The driveway and doors on the west side of the building will revert back to a fire exit and should not be used for casual entry or exit.

Snow and Weather Closures

In the event that blizzard conditions, a large accumulation of snow, or extreme cold make travel hazardous, Goodwill Day Programs may close. Please consult your local news station and watch for the screen to say “Goodwill Day Programs Closed” during the Milwaukee County list of closures. Remember that transportation companies may be unable or unwilling to pick up participants with snow-covered or ice-covered walkways and may follow different closure guidelines than Goodwill.

New Year, New Program Schedule

2016 brought many changes to our program. We welcomed 18 new participants from the Goodwill work programs. We hired three new recreation assistants, each of them with unique talents. Our building underwent major construction for over half the year. And we survived! In order to accommodate all these changes we have made some adjustments to our schedule that will encourage healthier lifestyles, more participation, and personal growth among our participants. First, many of our program’s smokers have resolved to quit or cut down on smoking in the New Year. We will be eliminating one of our smoke breaks and will only offer the opportunity to smoke twice a day – at 9:45 a.m. and at 12:45 p.m. Additionally, due to transportation providers’ varied schedules, many participants have been missing the opportunity to join daily exercise. The exercise class will be moved to later in the morning so everyone can join. Next, our new schedule will add programming options throughout the day and will utilize our building’s addition. This will allow at least two and sometimes three activities to be running at all times, giving participants more choice. Finally, we have begun offering the following classes daily: exercise and stretch, current events, book club, art, cooking, academics, social skills group, job skills club, and music or gardening (seasonal). With so many opportunities for personal enrichment, the most difficult part of the day will be deciding which activities to do!

**May All Your New Year’s Dreams Come True from Jenny, Whitney,
Wanda, Angie and Mary!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>CLOSED Happy New Year!</p>	<p>3</p> <p>Value Cinema - \$5 New Schedule Review Social Skills Group Healthy Remakes Paper Snowflakes</p>	<p>4</p> <p>Dollar Tree Lunch at Club by Mary New Schedule Review Snowflake Necklace Exercise and Stretch</p>	<p>5</p> <p>Rocky Rococo - \$10 Veggie Mac & Cheese Indoor Snow Snowflake Necklace Book Club</p>	<p>6</p> <p>Burlington Turkey Meatloaf Social Skills Group Manicures Paper Snowflakes</p>
<p>9</p> <p>Mall Walking Social Skills Group Crock Pot Cooking Indoor Snow Job Skills Club</p>	<p>10</p> <p>Dollar Tree Bowling DSHA Students Night Sky Art Current Events</p>	<p>11</p> <p>Meijer Lunch at Club by Jenny Paper Snowflakes Night Owls Academics</p>	<p>12</p> <p>Value Cinema - \$5 Lasagna Soup Social Skills Group Night Sky Art Exercise and Stretch</p>	<p>13</p> <p>Culver's - \$10 Tater Tot Bake DSHA Students Indoor Snow Night Owls</p>
<p>16</p> <p>Goodwill Michaels Hearty Soup Week DSHA Students Night Sky Art</p>	<p>17</p> <p>McDonald's Social Skills Group Night Owls Book Club Snowflake Ornament</p>	<p>18</p> <p>Beauty Supply Store Lunch at Club by Angie DSHA Students Night Owls Job Skills Club</p>	<p>19</p> <p>Target Chili Night Owls Current Events Sequence</p>	<p>20</p> <p>Take Out Day - \$10 Split Pea Soup Social Skills Group Academics Snowflake Ornament</p>
<p>23</p> <p>Mitchell Domes Social Skills Group Healthy Desserts Exercise and Stretch Snowflake Ornament</p>	<p>24</p> <p>Starbucks - \$10 Hot Chocolate Collage Craft Make Up Day Uno Current Events</p>	<p>25</p> <p>Big Lots Lunch at Club by Mary Book Club Hot Chocolate Collage Craft Make Up Day</p>	<p>26</p> <p>Red Lobster - \$20 Zucchini Brownies Social Skills Group Job Skills Club Hot Chocolate Collage</p>	<p>27</p> <p>Dollar Tree Bowling Baked Apples Manicures Current Events</p>
<p>30</p> <p>KFC - \$10 Mexican Cooking Week Academics Hot Chocolate Collage Wii Games</p>	<p>31</p> <p>Value Cinema - \$5 Social Skills Group Exercise and Stretch Hot Chocolate Party Trouble</p>			

Classes

Outings

Special Events