

Good Days

A Day Services Publication



February 2017

GSC Life Skills Development

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This program has been accredited by CARF.

February Birthdays

Chris P.-3

Adam P.-5

Robbie O.-15

Melanie M.-16

Amanda K.-21

Patrick M.-27

Happy birthday to all!

Quotes to Remember

"Where ever you go, no matter what the weather, always bring your own sunshine."

-Anthony J. D'Angelo

"The best love is the kind that awakens the soul; that makes us reach for more, that plants the fire in our hearts and brings peace to our minds. That's what I hope to give you forever."

-The Notebook

"The best thing to hold onto in life is each other."

-Audrey Hepburn

Groundhog Day Formal Dance

Goodwill's Community Opportunities Club South will be hosting its first Groundhog Day Dance at GSC on February 2. All Goodwill Day programs have been invited and the dance will be from 12 noon to 2 p.m. The music will be provided by one of our favorites, DJ Royal! Wear your Groundhog Day best (or just comfortable clothes) on this day. A light snack and refreshments will be provided for all of the participants. Please contact Jan Kruk at (414) 421-2328 if you have questions or concerns. Will Punxsutawney Phil see his shadow or not? Stay tuned...

Things Remembered in December Written by the Participants

We experienced many adventures and learned lots of things. We created memories like the holiday party where we danced, sang, and ate lots of good food. We toured interesting places. The Pabst Mansion, the Harley Davidson Factory, and let's not forget the Jelly Belly Tour! But our favorite place was the Volo Car Museum in Volo, Illinois. As the New Year begins we look forward to many more learning experiences and memories to be made!

Volunteer Spotlight Written by the Participants

On January 9th we went to volunteer at Robyn's Nest. Lona is great to work with; we spent an hour organizing and stocking shelves with shoes, shirts, pants, and jackets. It's rewarding to know that our help benefits many kids (who we don't even know) who have either been sick, neglected, or are financially disadvantaged. We always love to be out and about.

Creative Writing Group for February

On February 14th we celebrate Valentine's Day! Valentine's Day stands for true love and true friendship. People will go with their sweethearts for dinner, ice cream or maybe to an Admirals game. We will also show our love and affection to others by giving hugs and kisses, giving chocolate candy, Valentine's cards and notes, and going dancing! On Valentine's Day we like to wear red, purple or violet to show love. And when there is snow on the ground, we like to take our lovers out sledding in the snow and making snow angels together! There are plenty of fun and exciting things to on Valentine's Day!

Artwork Created by Tony M.

Tony M. drew this colored pencil masterpiece of his dad wearing his winter jacket to keep him warm. Tony drew the heart that is seen on the bottom left of the drawing to symbolize how much he loves his father.

Happy Groundhog Day!

Barb, Kaye, Kelly, Laura, Mark, Melissa, Nicole and Todd



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Arts and Crafts Health and Nutrition Brain Teasers Coffee Club Pet World and Panera	Groundhog Day Dance Reading Comprehension Social Skills Bay View Community Center	3 Kelly's Kitchen Social Trivia Writing Comprehension Group Games Milwaukee Art Museum
6 News 2 You Job Awareness Creative Writing Life Skills Shopping Matt Kenseth Museum	7 La Cocina de Laura Daily Living Club - Laura Science Experiments Relaxation Techniques Bowling at Classic Lanes	8 Arts and Crafts Cook and Eat - K Hunger Task Force Volunteer at Urban Ecology Center	9 Time Management Money Management Music Exploration Bay View Community Center	10 Kelly's Kitchen Social Trivia Writing Comprehension Mindful Movement Lunch - Kelly's Bleachers
News 2 You Employability Creative Writing Life Skills Shopping Volunteer at Robyn's Nest	La Cocina de Laura Science Experiments Relaxation Techniques Bowling at Classic Lanes \$5.00 Movies	Arts and Crafts Health and Nutrition Brain Teasers Cook and Eat - K Stone Fire Pizza	16 Reading Comprehension Social Skills Music Exploration Bay View Community Center	17 Kelly's Kitchen Social Trivia Writing Comprehension Group Games Colectivo by the Lake
20 News 2 You Job Awareness Creative Writing Life Skills Shopping West Allis Library	21 La Cocina de Laura Daily Living Club - Barb Science Experiments Relaxation Techniques Bowling at Classic Lanes	Arts and Crafts Health and Nutrition Cook and Eat - K Melodies & Memories: Milw. Historical Society	Time Management Money Management Bay View Community Center Lunch at IHOP	24 Kelly's Kitchen Social Trivia Mindful Movement Chudnow Museum of Yesteryear
News 2 You Employability Creative Writing Life Skills Shopping St. Joan of Arc Tour	28 Science Experiments Relaxation Techniques La Cocina de Laura Bowling at Classic Lanes \$5.00 Movies			

Classes

Outings

Therapy

Special Events Open to Public