Goodwill Good Days A Day Services Publication

January 2018

Words to Live By

"Although no one can go back and make a brand new start, anyone can start from now and make a brand new ending." - Carl Bard

Holiday Closing

The day program will be closed on Monday, January 1 in recognition of the New Year. Please *celebrate responsibly and* we will see you back for regular programming on Tuesday, January 2.

Developing Goodwill

Are you thinking about including Goodwill in your estate plan? With a legacy gift to Goodwill, you can combine personal financial objectives with your giving priorities. Contact Cathy Girard, VP of Development, at 414-847-4172.



Community Opportunities Club North

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Winter Weather Closures

In the event that blizzard conditions, a large accumulation of snow, or extreme cold make travel hazardous, Goodwill Day Programs may close. Please consult your local news station and watch for the screen to say "Goodwill Day Programs Closed" during the Milwaukee County list of closures. Remember that transportation companies may be unable or unwilling to pick up participants with snow or ice-covered walkways and may follow different closure guidelines than Goodwill.

To help prevent slips, trips, and falls make sure participants are wearing shoes or boots with non-skid tread in good condition. Ultimately, it is up to the participant, home, transportation provider, and/or guardian to decide if it is safe to travel to day programming during other, non-closure weather conditions.

New Year, New Schedule

In an effort to improve the program, we will be making some minor schedule changes beginning January 1. In December, participants were surveyed for their resolutions, hopes, and dreams for 2018. Some common themes emerged: improved health, personal improvement, and the desire to be more social and more engaged.

In order to help participants meet their personal goals, we will be making the following changes:

- We will reduce from two smoke breaks to one. The program will eliminate the 9:45am smoke break. Participants will now only have access to a smoke break following lunch at 12:45pm.
- Joey will be starting a hygiene group with participants who wish to improve their personal hygiene. This will help them to make and keep more friends and to be ready for community employment.
- One-on-one academics will be brought back into the schedule and will be available to participants on Thursday and Friday afternoons.
- New classes focusing on nutrition, healthy lifestyle, and exposure to fruits and vegetables will be offered on Monday and Tuesday mornings.

Other activities and classes will remain in the schedule including job skills club, daily exercise, cooking classes, friendship club, art, and current events. Any questions or concerns about the new schedule can be addressed to Jenny or Whitney at (414) 259-7890

Happy Holidays!

Jenny, Whitney, Joey, Jenna, Lovie, and Katie





January 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED	2 Marcus Cinema - \$5 2018 Necklaces Bulletin Board Health Matters Winter Workouts	3 Goodwill Lunch at Club by Jenny 2018 Coloring Bulletin Board Friendship Club	4 Dollar Tree Bowling Broccoli Salad 2018 Necklace Winter Workouts	5 Panera - \$15 Pasta Salad 2018 Coloring Manicures Academics
8	9	10	11	12
Mitchell Domes	Dollar Tree	Beauty Supply Store	Mall Walking	Take Out Day - \$10
Sun Catcher Necklace	Bowling	Lunch at Club by Joey	Peanut Butter Smoothie	Weigh Ins
Decorated Scarves	Job Skills Lunch	Sun Catcher Necklace	2018 Coloring	Banana Smoothie
Health Matters	Decorated Scarves	Decorated Scarves	Academics	Decorated Scarves
Winter Workouts	Wii Games	Winter Workouts	Friendship Club	Winter Workouts
15	16	17	18	19
Klements Outlet	Marcus Cinema - \$5	Dollar Tree	Pizza Hut - \$10	Citi Trends
Fuzzy Posters	Chalk Polar Bears	Lunch at Club by Lovie	Sausage Skillet	Sausage Cake
Chalk Polar Bears	Health Matters	Friendship Club	Jumbo Snowmen	Manicures
Wii Games	Snowman Earrings	Hygiene Group	Winter Workouts	Fuzzy Posters
Friendship Club	Winter Workouts	Afternoon Movie	Job Skills Club	Academics
22	23	24	25	26
Taco Bell - \$10	Harley Museum - \$10	Target	Half Price Books	Dollar Tree
Snowflake Picture Frame	Birdhouse Thermometer	Lunch at Club by Whitney	Caramel Graham Crackers	Bowling
Snowman Earrings	Craft Catchup	Snowflake Picture Frame	Chalk Polar Bears	Seven Layer Bars
Health Matters	Wii Games	Chalk Polar Bears	Academics	Birdhouse Thermometer
Winter Workouts	Current Events	Winter Workouts	Friendship Club	Winter Workouts
29 Wauwatosa Library Heart Necklace Birdhouse Thermometer Wii Games Friendship Club	30 Olive Garden - \$15 Beary Valentine Craft Health Matters Winter Workouts Job Skills Club	31 Lunch at Club by Jenna Heart Necklace Birdhouse Thermometer Friendship Club Hygiene Group		2018

Classes