

Goodwill Good Days

A Day Services **Publication**



March 2017

JOW Life Skills Development

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This program has been accredited by CARF.

Happy Birthday!

Carolyn M.—March 3 Dejun W.—March Scott M.—March 5 Connie E.—March 11 Montrell H.—March 23 Jason W.—March 28

Updated Information

Please be sure to notify case managers of any changes to participant information including funding, phone number, address, or medications. We appreciate your help in keeping our files up to date!

JOW Life Skills **Development Contact** Numbers

Kelli Smalley 414-847-4928 Nichole Uecker 414-847-4927 **Brandon Peters** 414-847-4871

March Staffings

Betty W. Denise H. Demetrius N. Montrell H. Joseph H. Brandon W.

Exact days and times will be sent home with your participant. Please notify your Case Manager if you are unable to attend. Thank you.

March Trivia

March is Women's History Month as well as American Red Cross Month and Fire Prevention Month. Other festive days in March are Read Across America Day (March 2 - Dr. Seuss' birthday!), St. Patrick's Day (March 17), Pi Day (March 14), and Daylight Savings Day (March 12). People born in March can be represented by either Pisces or Aries astrological signs. Pisces are considered to be dreamy, creative and intuitive. Aries are thought to be energetic, daring and spontaneous.

What's New in Life Skills Development?

In February the Life Skills Development staff and participants continued their work with the Unique curriculum. All participants were given a preassessment on the topics covered in that month's lessons under the theme "Housekeeping." Staff will conduct the same assessment at the end of the month to measure each participant's growth in areas of Content Understanding, Employability, and Lifelong Learning. We are eager to demonstrate how participants will continue to build essential life skills each month and over extended periods of instruction. In News-2-You, our weekly topics for February were Safer Internet Day, Kindness Week, Black History Month, and endangered Whale Count. These lessons and discussions help participants to improve conversation, provide opportunities for writing our newsletter, and help to make personal connections with nationwide and worldwide current events. Please encourage participants to discuss what they are learning here at JOW with you at home!

Life Skills Cooking

Our participants in Life Skills Development identified our Unique cooking class as one of their favorite activities during the past month. Staff and clients work to prepare a shopping list, take a trip to our local grocery store, and then work together to create tasty and easy meals for the group. Participants love that the recipes are things they can make at home with things they may already have in their kitchens.

Wishing You a Magnificent March!

Brandon, Gail, Ivy, Kelli, Kita, Nichole and Rebecca



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Life Skills: Monthly Pre-testing for Unit Unique Recipe Prep JOW Clubhouse Dog Races	2 Introduction to Unique Unit Guest House Delivery JOW Clubhouse Cooking Class Meaningful Movement	3 Unique: Transition Passport Work Bowling with Day Services JOW Clubhouse March Madness
6 News-2-You Introduction Banking Basics Grocery Shopping JOW Clubhouse Dunkin' Donuts	7 Work Attitude Role Play News-2-You Outing JOW Clubhouse Health & Wellness Retread Studios	8 Writing Lesson: Structure Unique Recipe Prep Volunteerism: Horizon JOW Clubhouse Physical Fitness Games	9 Leveled Group Reading Planning Volunteer Project JOW Clubhouse Academic Skill Building Meaningful Movement	Money Management Counting Money Shopping for Work JOW Clubhouse Social Club: Attitudes
News-2-You Introduction Banking Basics: Checks Grocery Shopping JOW Clubhouse History Class	iPad: Student View Lessons Making Purchases at Store JOW Clubhouse Social Skills Class Marcus Theaters	Guest House Prep Unique Recipe Prep Using the Public Library JOW Clubhouse Snack & Learn	16 Telling Time Employability: Want Ads Guest House Delivery JOW Clubhouse Cooking Class	Unique: Transition Passport Work JOW Clubhouse Irish Cooking St. Patrick's Day Party
20 News-2-You Introduction Banking Basics: Bills Self-advocacy Lessons Grocery Shopping JOW Clubhouse	Job Interest Surveys Counting Money News-2-You Outing JOW Clubhouse Retread Studios	Employability: Attitudes Unique Recipe Prep Visiting a Bank JOW Clubhouse Nutrition: Healthy H2O	Time Management Scheduling Your Day JOW Clubhouse Big Bingo Academic Skill Building	24 Money Management Transition Passport JOW Clubhouse Bowling with Day Services
27 N2Y: Breaking News Banking Basics: Calendar Grocery Shopping JOW Clubhouse History Class	28 Money Manipulatives Unique Recipe Prep JOW Clubhouse Social Skills Class Panera Bread	Writing for Newsletter Unique Recipe Prep JOW Clubhouse WellFit Class Snack & Learn	30 Employability: Job Skills Guest House Delivery JOW Clubhouse Cooking Class Meaningful Movement	31 Life Skills: Monthly Post-testing for Unit JOW Clubhouse Spring Fling Dance

Classes

Outings

Therapy

Special Events Open to Public