

Milwaukee County MEALS ON WHEELS DECEMBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 Grilled Bratwurst w/Sauerkraut & on Brat Bun Diced Onions Mac & Cheese Cut Green Beans 🍏 Apple Juice Tropical Fruit Cup</p>	<p>4 Country Style BBQ Pork Loin Baked Potato Sour Cream Diced Carrots & Peas Cornbread Muffin Apple Crisp ❤️ Red Delicious Apple</p>	<p>5 Italian Meatballs w/Tomato Sauce Spaghetti & Sauce Broccoli Cauliflower Mix Kidney Bean Salad Italian Bread w/Sesame Seeds Fruited Yogurt</p>	<p>6 Chicken Duglere <i>Chicken Breast, Tomato & Mushroom Cream Sauce</i> Mashed Potatoes Key Largo Vegetables Romaine Salad Salad Dressing Whole Wheat Dinner Roll Fresh Orange</p>	<p>7 Baked Cod Lemon Butter Sauce Baby Bakers Sunshine Carrots Creamy Coleslaw Rye Bread Double Chocolate Cookie ❤️ Applesauce</p>
<p>10 Honey Glazed Ham Sweet Potatoes Broccoli Multi Grain Bread Blushing Pear Slices</p>	<p>11 Meatloaf Gravy Garlic Mashed Potatoes Crinkle Cut Carrots 🗑️ Juice Marble Rye Bread Oatmeal Raisin Cookie ❤️ Fresh Fruit</p>	<p>12 Pepper Steak w/ Tomato, Peppers, Onions Buttered Noodles Winter Squash Mixed Green Salad Ranch Dressing Vienna Bread Fresh Fruit Cup</p>	<p>13 Teriyaki Chicken Leg/Thigh Blended Rice Oriental Vegetables Multi-Grain Dinner Roll Mandarin Oranges w/Pineapple 100 Cal Cereal Bar</p>	<p>14 Cheddarwurst Whole Grain Bun Calico Beans 🗑️ Juice Harvard Beets Rice Krispie Treat ❤️ Banana</p>
<p>17 Swedish Meatballs Garlic Mashed Potatoes Stewed Tomatoes w/Green Pepper & Onion 7-Grain Bread Fresh Apple</p>	<p>18 Sweet & Sour Pork w/Peppers & Pineapple Brown Rice Pea Pods 🍏 Apple Juice Whole Grain Dinner Roll Snickerdoodle Cookie ❤️ Clementine</p>	<p>19 Chef's Salad <i>Mixed Greens, Croutons, Julienne Ham, Turkey Egg, Cheese, Tomato</i> 🍊 Orange Juice Fruited Muffin Banana</p>	<p>20 Roast Turkey Gravy Stuffing Tossed Green Salad French Dressing California Vegetables 🗑️ Fruit Punch Cherry Cheesecake</p>	<p>21 Tuna Noodle Casserole w/Vegetables Broccoli Coleslaw Multi-Grain Bread Chocolate Chip Cookie ❤️ Fruit Cocktail</p>
<p>24 CLOSED</p> 	<p>25 CLOSED</p> 	<p>26 Chili w/Crackers Shredded Cheese Sour Cream Whole Kernel Corn 🍇 Grape Juice Garlic Bread Warm Peach Cobbler</p>	<p>27 Apricot-Glazed Pork Loin Baked Potato Sour Cream Broccoli Carrot Raisin Salad Baking Powder Biscuit German Chocolate Cake ❤️ Lo Cal Choc Pudding</p>	<p>28 BBQ Ground Beef on Whole Grain Bun Pickle Spear Hashbrown Casserole Pea & Cheese Salad 🍊 Orange Juice Peanut Butter Cookie ❤️ Fresh Pear</p>

Happy New Year 31



CLOSED

SUBARU share the love EVENT




**ADDRESS CHANGE?
DELIVERY ISSUES?
VACATION HOLD?
CALL: 358-6527**



This holiday season, we hope you'll *Share the Love* by supporting vulnerable seniors nationwide.

TOO MANY SENIORS ARE LEFT BEHIND, ALONE AND HUNGRY,
STRUGGLING TO STAY INDEPENDENT AND HEALTHY.



16.6 MILLION are isolated, living alone
8.6 MILLION are threatened by hunger
18.8 MILLION are living in or near poverty

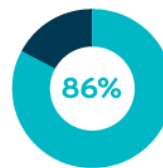
MEALS ON WHEELS DELIVERS THE SUPPORT THAT KEEPS
SENIORS IN THEIR HOMES, WHERE THEY WANT TO BE.



say it makes them feel more safe and secure



say it enables them to remain living at home



say it improves their health

Over the past ten years, Subaru and its retailers have helped the Meals on Wheels network deliver nearly **2 MILLION MEALS** to seniors in need across the country.

You can help that number grow when you buy or lease a new Subaru during the 2018 Subaru Share the Love Event, November 15, 2018, to January 2, 2019. Through this year-end sales event, Subaru of America will donate \$250 to your selected charity — and we hope you'll choose Meals on Wheels.



LEARN MORE AT WWW.MEALSONWHEELSAMERICA.ORG/SHARETHELOVE.