

# Milwaukee County MEALS ON WHEELS JULY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> BBQ Pulled Pork Sandwich Kaiser Roll Au Gratin Potatoes Broccoli Creamy Slaw Pineapple Tidbits	<b>2</b> Cheddarwurst Whole Grain Bun Baked Beans Warm Potato Salad Watermelon Double Chocolate Cookie ♥ Lo Cal Pudding	<b>3</b> 	<b>4</b> Italian Meatsauce Spaghetti Noodles Parmesan Cheese Italian Green Beans Romaine Salad/Ranch Italian Bread Fresh Plum	<b>5</b> Salisbury Steak Mashed Potatoes Whole Baby Carrots 7-Grain Bread Strawberry Yogurt
<b>9</b> Cranberry Meatballs Roasted Red Potatoes Oriental Vegetables Oat Bran Bread Mixed Fruit Cup	<b>10</b> Fish Sandwich/Bun w/Cheese & Tartar Sauce Stewed Tomatoes w/Green Pepper & Onion Mini Bakers Coleslaw Oatmeal Raisin Cookie ♥ Banana	<b>11</b> Beef Stroganoff Parsley Buttered Egg Noodles California Vegetables Spinach Salad Raspberry Dressing Rye Dinner Roll Mandarin Oranges	<b>12</b> Coq au Vin <i>Chicken in Wine Sauce</i> Wild Blend Rice Chateau Vegetables ♥ Grape Juice Mini Croissant Boston Cream Pie ♥ Fresh Pear	<b>13</b> Denver Omelet w/Cheese Sauce 2 Sausage Links Hashbrown Potatoes ♥ Orange Juice Melon Wedge Cinnamon Streusel Coffee Cake <b>BRUNCH FOR LUNCH</b>
<b>16</b> Turkey à la King Brown Rice Green Beans Baking Powder Biscuit Pickled Beets Fresh Orange	<b>17</b> Soft Shell Beef Taco Refried Beans Shredded Lettuce, Cheese Salsa, Sour Cream Southwest Style Corn Watermelon	<b>18</b> Grilled Brat/Bun Seasoned Kraut Diced Onions Hashbrown Casserole Marinated Bean Salad Peanut Butter Cookie ♥ Apple	<b>19</b> Smothered Chicken Thigh Fresh Sweet Potato Broccoli Cauliflower Mix Cornbread Lemon Bar ♥ Grapes	<b>20</b> Meat Lasagna Italian Green Beans Crinkle Carrots Romaine Salad Italian Dressing Garlic Bread Nectarine
<b>23</b> Glazed Ham Steak Baked Potato Sour Cream Brussels Sprouts 7-Grain Bread Sliced Peaches	<b>24</b> Chef's Salad <i>Mixed Greens</i> <i>Julienne Ham</i> <i>Turkey, Egg, Cheese</i> <i>Croutons, Ranch</i> Fruited Muffin Cantaloupe Baker's Choice Cookie	<b>25</b> Roasted Turkey Gravy Garlic Mashed Potatoes Stuffing California Vegetables Cherry Pie ♥ Fresh Fruit	<b>26</b> Pub Burger Sautéed Onions Onion Roll Baked Potato Casserole Peas Arugula Salad w/Dressing Fresh Fruit	<b>27</b> Boneless Pork Loin/Gravy Applesauce Quartered Potatoes w/Parsley & Butter Sweet-Sour Red Cabbage Marble Rye Bread German Chocolate Cake ♥ Fresh Plum
<b>30</b> Pork Chop Suey w/Vegetables Rice Capri Vegetable Blend ♥ Apple Juice Dinner Roll Snickerdoodle Cookie ♥ Chilled Fruit	<b>31</b> Chicken Marsala Whole Grain Pasta Garlic Pesto Broccoli ♥ Fruit Punch Seeded Italian Bread Blushing Pear Slices	<b>DELIVERY ISSUES?</b> <b>HOSPITAL STAY?</b> <b>VACATION HOLD?</b> <b>ADDRESS CHANGE?</b>  <b>358-6527</b>		



# Milwaukee County Senior Dining

## Your Contributions Make A Difference

### Where The Money Comes From



### Where The Money Goes

YEAR	NUTRITION PROGRAMS	ANNUAL COST
2017	Congregate Meals = 242,167 Meals on Wheels = 369,071 Total Meals Served = 611,238	\$ 5,065,913
2016	Congregate Meals = 256,384 Meals on Wheels = 356,529 Total Meals Served = 612,913	\$ 4,869,504
2015	Congregate Meals = 262,179 Meals on Wheels = 339,351 Total Meals Served = 601,530	\$ 4,879,442

WE RELY ON AND APPRECIATE  
YOUR PARTICIPATION & SUPPORT.

~THANK YOU!

