

- **Men:** Please place the belt across the chest.  
**Women:** Please place the belt underneath the breast area.
- Once the batteries are placed in the unit correctly and the belt is securely clicked into the unit on each side the unit will automatically turn on.
- You will know that the unit has turned on automatically once you see the lights at the top of the unit start to blink. If the lights do not appear once you set up the unit, please check the batteries and be sure the belt is clipped in on both sides. Adjust the belt so the unit can detect that is secure around your sternum area.
- You will see three green sensor lights: one for the respiratory effort belt, one for the nasal cannula, and one for the pulse ox sensor. The lights will shut off after a few minutes. This means the unit has started recording.
- If one of the sensor lights turns yellow, this means that you will need to adjust the sensor that corresponds with the yellow light. Once you have adjusted the sensor, the corresponding light will turn green and then turn off again.
- Please use the surgical tape provided to hold the sensors in place.
- **DO NOT PRESS ANY BUTTONS.** It will disrupt the test.
- Once test is completed, the unit will turn off automatically. Please leave the batteries inside of the unit, place unit "as is" inside of the box and complete the patient paperwork that came with the unit.
- Place the prepaid return label that has been provided to you on the box and return the unit to your nearest post office.