

# I can help 😊. I am here to support in response to COVID-19.

My Name..... My Phone.....

I live at.....

Social distancing shouldn't become social isolation.

If you are self-isolating due to COVID-19 I can help with:

- Picking up shopping ✓ .....
- A friendly phone call ✓ .....
- Collecting prescriptions ✓ .....
- Urgent errands ✓ .....



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