

## ATRIUM HEALTH MENTAL HEALTH RESOURCES

### 24/7 CRISIS - PHONE DIRECTORY

National Suicide Hotline	<b>1-800-273-TALK (1-800-273-8255)</b> <a href="http://www.suicidepreventionlifeline.org">www.suicidepreventionlifeline.org</a>	Text "Connect" <b>741-741</b>	Poison Center <b>1-800-848-6946</b>
Atrium Health - Behavioral Health Call Center	<b>704-444-2400</b>	Veterans <b>1-800-273-8255</b>	LGBT <b>866-488-7386</b>
Mobile Crisis Team (no cost)	<b>704-566-3410</b>	Community Resource Hub (Free or reduced cost services) <a href="http://chscommunityresourcehub.auntbertha.com">chscommunityresourcehub.auntbertha.com</a>	

### MENTAL HEALTH PROVIDERS

*Check your privately insured mental health benefits through your employer or insurer. Ask provider specific questions about the type of care you're looking for. Check to see if your employer offers an Employee Assistance Program (EAP). EAP's typically cover employee, spouse, and children living at home.*

### ATRIUM HEALTH FACILITIES & SERVICES

*For information about any of the facilities or services above, to request an appointment call our Behavioral Health Help Line at 704-444-2400 or 800-418-2065.*

**Atrium Health's Behavioral Health-Charlotte** (704) 358-2700  
Inpatient behavioral health, Adult inpatient behavioral health, Adolescent and child inpatient behavioral health, Outpatient behavioral health, Adult outpatient behavioral health, Adolescent and child outpatient behavioral health, Partial hospitalizations programs, Adult partial hospitalizations programs, Adolescent and child partial hospitalizations programs, Medication management, Adult medication management, Adolescent and child medication management.

**Atrium Health's Behavioral Health-Davidson** (704) 801-9400  
Adult inpatient behavioral health, Adult outpatient behavioral health, Adult medication management.

**Atrium Health's Carolinas Medical Center-Mercy** (704) 304-5248  
Adult inpatient substance use disorder treatment, Adult outpatient substance use disorder treatment.

**Behavioral Health Center - Horizon** (704) 446-0391  
Adult inpatient substance use disorder treatment, Adult outpatient substance use disorder treatment.

**Behavioral Health Center - Kings Mountain** (980) 487-5470  
Adult inpatient behavioral health, Adult outpatient behavioral health, Adult medication management, Substance use disorder treatment services.

**NorthEast Psychiatric Services; Albemarle** - (704) 403-1877  
Concord - (704) 403-1800; Harrisburg - (704) 454-7268  
Depression, Stress, Dementia, Anxiety/panic disorders, Anger control problems, Alcohol and substance abuse for adults, Psychotic disorders, Attention deficit disorder, Marital/relationship problems, Child behavior issues, Borderline personalities, Post-traumatic stress disorder, Chronic illness.

**Community Resource Hub** [chscommunityresourcehub.auntbertha.com](http://chscommunityresourcehub.auntbertha.com)  
Connects all people in the Charlotte area to organizations & providers outside of doctors' offices that offer free or reduced cost social services, including legal assistance, transportation, housing and food. This service works from a national database and also helps social workers and providers with referrals outside of their organization.

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### OTHER PROVIDERS & DIRECTORIES

**Mecklenburg County Mobile Crisis Team** 24/7: (704) 567-8690

[thesantegroup.org/mecklenburg-county-crisis](https://thesantegroup.org/mecklenburg-county-crisis)

Compromised of a group of clinicians with experience in mental illness, substance abuse, intellectual disabilities and situational crises. Serves all of Mecklenburg County and a referral can come from anyone. Consumers are not billed for services. Discreet vehicle, will assess if referral is needed.

**Mental Health America of Central Carolinas** (704) 365-3454

A United Way member agency, MHA works to promote mental wellness through advocacy, prevention, and education. In addition to advocacy, MHA provides information and referrals.

*Monday-Friday 3701 Latrobe Drive, Suite 140 Charlotte, NC 28211*

**Promise Resource Network** (704) 390-7709

A peer-run organization that employs people in recovery to partner with individuals, families, communities and organizations to advance recovery from emotional distress, mental health and substance use challenges.

**NC Peer Support Specialist Certification** - [pss.unc.edu](https://pss.unc.edu)

**Cardinal Innovations Healthcare Solutions**

24/7: 1-800-939-5911

Cardinal Innovations is a local government agency that coordinates and monitors mental health and other disabilities services for people with Medicaid or without insurance.

**First Step** (980) 993-7700

Adult inpatient substance use disorder treatment, Adult outpatient substance use disorder treatment

**Teen Health Connection** (704) 381-TEEN (8336)

A United Way member agency and Levine Children's Hospital partner, Teen Health Connection is available to children and adolescents, ages 11-22. This integrated model of healthcare offers medical care, mental health care, with a center for disordered eating and wellness. Insurance: Private insurance, Medicaid accepted; sliding scale available *Monday-Friday 3541 Randolph Road, Suite 206 Charlotte, NC 28211.*

### SUICIDE PREVENTION RESOURCES

**American Foundation for Suicide Prevention** [www.afsp.org](https://www.afsp.org)

AFSP raises awareness, funds scientific research and provides resources and aid to those affected by suicide. The first few weeks and months following a suicide are so very confusing. AFSP has a wealth of information. Sections on "Coping with Suicide Loss", "Where do I begin?" and interactive map of local support.

**KinderMourn** (704) 376-2580

KinderMourn provides hope for bereaved parents, grieving children and teens by support and counseling programs, creating awareness of bereavement issues and empowering the community to effectively assist those who have suffered an unthinkable loss.

**Compassionate Friends** (704) 315-6913

The Compassionate Friends is a support group for parents who have lost a child, grandparents who have lost a grandchild and siblings who have lost a sibling. Meetings are held the 3rd Thursday of each month at 7:00 p.m. For more detailed information please visit our website. Charlotte chapter 2258.

**Healing and Understanding Grief from Suicide** [hugs-charlotte.com](https://hugs-charlotte.com)

H.U.G.S. offers group support for those who need help in the aftermath of losing a loved one to suicide. Meetings are held twice a month at two locations. The group meets continuously throughout the year. For more detailed and up to date information, visit our website.