A SYSTEMATIC, SCIENTIFIC PATTERN OF WORKING

1. Understand the Direction or Challenge
   - What challenge are you striving for? (6 months – 3 years)
   - Practice: Future-State Mapping

2. Grasp the Current Condition
   - What are the facts and data about where you are now?
   - Practice: Steps of Process Analysis

3. Establish the Next Target Condition
   - Describe where you want to be on the way to the challenge. (1 week – 1 month out)
   - Practice: Steps to Target Condition

4. Experiment Toward the Target Condition
   - Conduct rapid, frequent experiments to move from current condition to the target condition.
   - Practice: Plan-Do-Check-Act (PDCA); Experimenting Record

5. Daily Coaching Cycles with The 5 Questions
   - Coach escorts the learner and gives procedural guidance.
   - Practice: Learner’s Storyboard & 5-Question Card

REMEMBER: The Improvement Kata combines scientific steps + techniques of deliberate practice for each step to develop effective problem solving skill

Empowering Excellence

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