



TRUENORTH

SPORTS CAMPS

2018 SUMMER CAMP GUIDE





TRUENORTH

SPORTS CAMPS

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Who We Are

True North Sports Camps offers year-round sports programming for boys and girls ages 4–14 of all skill levels in **Toronto, Etobicoke, Hamilton, Whitby and Markham**. We operate summer day camps as well as after-school and weekend clinics for baseball, flag football, basketball, soccer and multi-sport.

At True North Sports Camps, we believe that recreational sports are an important part of every child's development and we make it our top priority to deliver a truly memorable experience. **With low camper to staff ratios**, our outstanding coaches are committed to building an individual rapport with each and every camper.

All of our energetic coaches are experts in their sport, who love to share their knowledge of the game while stressing the importance of sportsmanship, teamwork and fair play. We focus on creating an encouraging environment where all players learn something new, stay active and have fun!

Since 2007 our goal has remained the same: **to provide the highest quality sports instruction in a fun, safe and encouraging environment.**





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BASEBALL · Toronto, Etobicoke, Hamilton, Whitby & Markham



True North Sports Camps offers a variety of baseball summer camps for boys and girls ages 4 to 14 in Toronto, Etobicoke, Hamilton, Whitby and Markham. Campers will be taught the FUNdamentals of throwing, fielding and hitting through a combination of drills, competitions and games. Whether you want to learn how to field a groundball or pop-fly, or how to hit a homerun or bunt, our experienced staff challenge every camper to improve. We have something for everyone!

Summer Camps (extended care available at all locations)

Toronto (bus service available)

- Junior Baseball (Lawrence Park CI) – Ages 4-7
- Baseball at Memorial (Memorial Park) – Ages 7-14
- Baseball at Cedarvale (Cedarvale Community School) – Ages 7-14
- Girls Baseball (Weeks 2 & 5 at Cedarvale Community School) – Ages 7-14
- Elite Baseball (Sentinel Park) – Ages 9-14 rep level players

Etobicoke Baseball Camp (Rosethorn Junior School) – Ages 7-14

Hamilton Baseball Camp (Alexander Park) – Ages 7-14

Markham Baseball Camp (Morgan Park) – Ages 7-14

Whitby Baseball Camp (Kelloryn Park - bus service available) – Ages 7-14

Week	Dates	Toronto					Etobicoke	Hamilton	Markham	Whitby
		Junior	Memorial	Cedarvale	Girls	Elite				
1	July 3 - 7*	✓	✓	✓			✓	✓		✓
2	July 9 - 13	✓	✓	✓	✓		✓	✓	✓	✓
3	July 16 - 20	✓	✓	✓		✓	✓	✓	✓	✓
4	July 23 - 27	✓	✓	✓		✓	✓	✓	✓	✓
5	July 30 - Aug 3	✓	✓	✓	✓	✓	✓	✓	✓	✓
6	August 7 - 10*	✓	✓	✓		✓	✓	✓	✓	✓
7	August 13 - 17	✓	✓	✓		✓	✓	✓	✓	✓
8	August 20 - 24		✓							
9	Aug 27 - Aug 31		✓							

* Baseball at Memorial & Hamilton Baseball Camp are open on Monday July 2nd & August 6th



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MULTI-SPORT • Toronto, Etobicoke, Hamilton, Whitby & Markham



True North Sports Camps offers multi-sport day camps in Toronto, Etobicoke, Hamilton, Whitby and Markham! Our recreational day camps expose campers to a **wide variety of sports** and activities allowing campers to develop fundamental movement and sport skills with an emphasis on **fun, teamwork and fair play**. Campers will have a chance to challenge themselves and stay active while playing baseball, basketball, flag football, soccer, floor hockey, badminton and more! Our experienced coaches work hard to create a culture that ensures every camper has a truly memorable experience.

Summer Camps (ages 4 – 12 for all skill levels!)

Toronto

Location: Cedarvale Community School (Weeks 1-7) and Memorial Park (Weeks 8-9)

Convenience: Bus Service + Extended Care available

Etobicoke

Location: Rosethorn Junior School

Convenience: Extended Care available

Hamilton

Location: Alexander Park

Convenience: Extended Care available

Markham

Location: Morgan Park

Convenience: Extended Care available

Whitby

Location: Kelloryn Park

Convenience: Bus Service + Extended Care available

Week	Dates	Toronto	Etobicoke	Hamilton	Markham	Whitby
1	July 3 - 6	✓	✓	✓		✓
2	July 9 - 13	✓	✓	✓	✓	✓
3	July 16 - 20	✓	✓	✓	✓	✓
4	July 23 - 27	✓	✓	✓	✓	✓
5	July 30 - Aug 3	✓	✓	✓	✓	✓
6	August 7 - 10	✓	✓	✓	✓	✓
7	August 13 - 17	✓	✓	✓	✓	✓
8	August 20 - 24	✓				
9	Aug 27 - Aug 31	✓				



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FLAG FOOTBALL • Toronto & Etobicoke

True North Sports Camps offers **non-contact flag football** day camps in Toronto and Etobicoke, designed to introduce campers to the game of football in a fun and pressure free environment. Throughout the week, campers will be taught the FUNdamentals of throwing, receiving, rushing and defence, as they rotate between quarterback, running back and wide receiver stations. From the skills combine to the draft, we make campers feel like they're in the pros!

Summer Camps

Toronto

Location: Memorial Park

Ages: 7-14

Level: All skill levels

Convenience: Depot Bus Service + Extended Care available

Etobicoke

Location: Rosethorn Junior School

Ages: 7-14

Level: All skill levels

Convenience: Extended Care available

Week	Dates	Toronto	Etobicoke
1	July 3 - 6*	✓	✓
2	July 9 - 13	✓	✓
3	July 16 - 20	✓	✓
4	July 23 - 27	✓	✓
5	July 30 - Aug 3	✓	✓
6	August 7 - 10*	✓	✓
7	August 13 - 17	✓	✓

* Toronto Flag Football Camp is open on Monday July 2nd and August 6th





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BASKETBALL • Toronto

True North Basketball Camp is a recreational day camp designed to focus on the FUNdamentals of dribbling, passing, shooting and rebounding. By rotating positions during drills and scrimmages, players will have the chance to play all positions and learn as much as possible about the game. In addition, several team concepts will be introduced including defensive strategies, setting screens, cutting without the ball, and of course, the pick and roll. We work hard to make sure that every single camper has a truly memorable experience!

Summer Camps

Toronto

Location: Lawrence Park CI

Ages: 7-14

Level: All skill levels

Convenience: Bus Service + Extended Care available

Week	Dates	Basketball Camp
1	July 3 - 6	✓
2	July 9 - 13	✓
3	July 16 - 20	✓
4	July 23 - 27	✓
5	July 30 - Aug 3	✓
6	August 7 - 10	✓
7	August 13 - 17	✓





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SOCCER • Toronto

True North Soccer Camp is a recreational day camp for girls and boys of all skill levels! Our program is designed to teach campers the FUNdamentals of soccer, while introducing advanced skill development for more experienced players (i.e. spacing, player support and ball movement). Our low camper-to-staff ratio allows our experienced coaches to ensure that the skills, drills and games are tailored to each player's needs. We work hard to ensure that each and every camper has fun, stays active and learns new skills!

Summer Camps

Toronto

Location: Memorial Park

Ages: 4-12

Level: All skill levels

Convenience: Bus Service + Extended Care available

Week	Dates	Soccer Camp
1	July 2 - 6*	✓
2	July 9 - 13	✓
3	July 16 - 20	✓
4	July 23 - 27	✓
5	July 30 - Aug 3	✓
6	August 6 - 10*	✓
7	August 13 - 17	✓

* Toronto Soccer Camp is open on Monday July 2nd and August 6th





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MORE PROGRAMS

True North Sports Camps offers a variety of programs in addition to our summer day camps! Please see below for additional information about our other programs offered in 2018.



Weekly Clinics • Toronto

We offer after-school and weekend clinics from October to June at several locations in mid-town Toronto. For 60 to 90 minutes each week, players will have an opportunity to improve their skills in baseball, basketball, flag football and/or soccer! Our clinics offer a great way for young athletes to stay active, have fun and learn something new.

Baseball Spring Training – Our Spring Training weekend is back for its 9th year! This program is a weekend clinic on Saturday April 28 and Sunday April 29, running from 9:00am to 3:30pm on both days. Spring Training focuses on fundamentals and skill repetition to get players ready for the beginning of their season.

March Break Camp • Toronto

Join us for a week of high-energy sports programming at our Multi-Sport March Break Camp! Our recreational day camp is for girls and boys ages 4-14 years old and will expose campers to a wide variety of sports in order to develop fundamental movement and sport skills with an emphasis on fair play and teamwork.

Location: Branksome Hall

Ages: 4-14

Level: All skill levels

Convenience: Extended Care available



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MORE PROGRAMS

Birthday Parties & Team Lessons · Toronto, Etobicoke, Hamilton, Markham & Whitby

Our coaches are available to run a series of practices or lessons for house league and rep teams as well as pre-organized groups. Instructors will provide the direction and knowledge to help players succeed individually and as a team.

We can also help you host a baseball, basketball, flag football, soccer or general sports themed birthday party! Our coaches will come to the location of your party with all necessary equipment for each sport.

Please contact us to learn more!





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LOCATIONS

We are thrilled to be extending the True North experience to Markham and Whitby in 2018!

Please see below for more information about our program offerings in each location.

Toronto

Our baseball, basketball, soccer, flag-football and multi-sport summer camps are located at several parks throughout Toronto. For added convenience, we offer optional bus service between our 4 different locations (as well as a stop in Leaside)!

Memorial Park	Lawrence Park Cl	Cedarvale Community School	Sentinel Park
Spadina & Eglinton	Avenue & Lawrence	Bathurst & Eglinton	Finch & Keele
Baseball (Ages: 7-14)	Junior Baseball (Ages: 4-7)	Baseball (Ages: 7-14)	Elite Baseball (Ages: 9-14)
Soccer (Ages: 4-12)	Basketball (Ages: 7-14)	Multi-Sport (Ages: 4-12)	
Flag Football (Ages: 7-14)			

In addition to our summer camps, we offer a March Break Multi-Sport Camp as well as after-school and weekend clinics throughout mid-town Toronto.

Etobicoke

Our Etobicoke baseball (ages 7 – 14), multi-sport (ages 4 – 12) and flag football (ages 7 – 14) summer camps will be located at Rosethorn Junior School and will run for one-week sessions throughout July and August. Whether you are new to a sport or an elite level player, we have something for everyone!

Hamilton

We will be running our Hamilton summer camps at Alexander Park again this year! Our baseball summer camp is for ages 7 – 14 and our multi-sport camp is for ages 4 – 12. Both camps will be offered for one-week sessions throughout July and August.

Markham

We are expanding our baseball (ages 7 – 14) and multi-sport (ages 4 – 12) camps to Markham this summer! Join us for one-week sessions throughout July and August at Morgan Park.

Whitby

We are thrilled to be adding baseball (7 – 14) and multi-sport (4 – 12) summer camps in Whitby for 6 weeks this summer throughout July and August. Our camps are located at Kelloryn Park, but we offer depot bus service from Pickering and Ajax as well!

Letter from the Directors

A message from the Camp Leadership Team:

Courtney Berger, Julia Garisto, Jonathan Isaac & Blake Koester

Thank you for taking the time to learn about True North Sports Camps!

As the Directors of True North, we recognize the positive impact that camp and sports can have on the development of children. At True North Sports Camps, we provide a fun and safe environment that encourages campers to be active, socialize and develop their athletic skills. We believe that the campers' experience is driven directly by the quality of our staff, and as a result, we focus on hiring passionate and dedicated coaches that ensure that every athlete has a truly memorable experience.

We sincerely appreciate your interest and recognize it can be difficult to get a feel for our culture and values by reading a digital catalogue or online profile. At your convenience, we encourage you to contact us to find out more about our programs and what makes us so special.

We hope to see you in 2018!

Warmest Regards,

Courtney, Julia, Jonathan & Blake





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CONTACT US

We would love to hear from you!

If you have any questions about our programs or are interested in learning more, please do not hesitate to contact us anytime.

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