#### **FAMILY DAY**

### PARENT PLEDGE





#### **FAMILY DAY**

#### PARENT PLEDGE



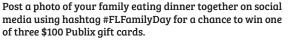


#### I Support Family Day - I Pledge To:

- Eat dinner with my family on Family Day. Studies have shown that more frequent family dinners can lead to less risky behavior down the road.
- Have dinner together four or more times per week to protect my children.
- Visit www.flfamilyday.com to learn more and spread the message to family and friends.

Name	Email			
Address			Mobile Phone_	
City	State	Zip	School	

Please add me to the Informed Families email list to receive free parenting and prevention information.





Special Thanks To Our Funder:

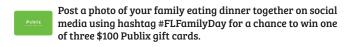
Copyright © 2015 Informed Families

## I Support Family Day - I Pledge To:

- Eat dinner with my family on Family Day. Studies have shown that more frequent family dinners can lead to less risky behavior down the road.
- Have dinner together four or more times per week to protect my children.
- Visit www.flfamilyday.com to learn more and spread the message to family and friends.

Name		Email	
Address	Mobile Phone		
City	State	ZipSchool	

Please add me to the Informed Families email list to receive free parenting and prevention information.





Copyright © 2015 Informed Families

**FAMILY DAY** 

# **PARENT PLEDGE**

of three \$100 Publix gift cards.









## I Support Family Day - I Pledge To:

- Eat dinner with my family on Family Day. Studies have shown that more frequent family dinners can lead to less risky behavior down the road.
- Have dinner together four or more times per week to protect my children.
- Visit www.flfamilyday.com to learn more and spread the message to family and friends.

Name	Email		
Address			_Mobile Phone
City	State	Zip	School

Please add me to the Informed Families email list to receive free parenting and prevention information.

Post a photo of your family eating dinner together on social media using hashtag #FLFamilyDay for a chance to win one



Special Thanks To Our Funder:



**FAMILY DAY** 

# PARENT PLEDGE

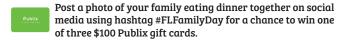
I Support Family Day - I Pledge To:

- Eat dinner with my family on Family Day. Studies have shown that more frequent family dinners can lead to less risky behavior down the road.
- Have dinner together four or more times per week to protect my children.
- Visit www.flfamilyday.com to learn more and spread the message to family and friends.

Name	Email		
Address		Mobile Phone	
City	State	ZipSchool	

Copyright © 2015 Informed Families.

Please add me to the Informed Families email list to receive free parenting and prevention information.



Special Thanks To Our Funder: