

Will Urgent PC work for me?

A scientific study showed that 3 out of 4 individuals saw a reduction in their faecal incontinence after being treated with Urgent PC.¹ In addition, many individuals with faecal incontinence are successfully treated with Urgent PC after failing other therapies. Depending on your symptoms and response to Urgent PC, your doctor may decide that Urgent PC alone is appropriate for you or your doctor may combine Urgent PC with another therapy.

How soon will I see results?

Because Urgent PC gently modifies the signals to achieve bowel control, it will probably take at least 6 treatments for you to see your symptoms change. A majority of individuals using this type of neuromodulation experience significant improvement in bowel control. It is important that you continue receiving treatments for the recommended 12 treatments before you and your doctor evaluate whether this therapy is an appropriate treatment for your faecal incontinence.



Urgent® PC

NEUROMODULATION SYSTEM

- » Treats faecal incontinence
- » Out-patient treatment
- » Highly effective: Majority of patients respond¹
- » May be successful even when other therapies have failed¹
- » May be used alone or in combination with other therapies, depending on your response to Urgent PC and your doctor's judgement



The Urgent® PC Neuromodulation System, is a non-drug, out-patient treatment for faecal incontinence. It also treats the overactive bladder symptoms of urinary urgency, urinary frequency and urge incontinence.

Ask your doctor to learn more about Urgent PC and neuromodulation.

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1. Shafik, A., Ahmed, I., El-Sibai, O., & Mostafa, R.M. (2003). Percutaneous peripheral neuromodulation in the treatment of fecal incontinence. *Eur Surg Res*, 35, 103-107.

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New hope for Bowel Control problems



Urgent® PC

NEUROMODULATION SYSTEM

A simple, effective
out-patient treatment
for faecal incontinence.



What is faecal incontinence?

Faecal incontinence is the inability to control bowel movements. In some cases, individuals may lose only a small amount of liquid waste. In other instances, the solid bowel movement cannot be controlled.

Symptoms of faecal incontinence include:

- Loose stools or diarrhoea
- Strong, excessive, uncontrollable bowel contractions which push out the stool
- Uncontrolled relaxation of the anal sphincter

What causes these symptoms?

Common causes of faecal incontinence are:

- » Muscle damage to the anal sphincter muscles
- » Reduced muscle tone due to normal aging
- » Nerve damage or injuries to the pelvic floor resulting from vaginal delivery or surgery
- » Neurologic disorders (altered nerve function) such as stroke or diabetes
- » Conditions associated with chronic constipation or diarrhoea
- » Irritable Bowel Syndrome (IBS)
- » Certain medications
- » Poor diet

Note that a change in your normal bowel function could be an early symptom of cancer. If you experience a constant urge to have a bowel movement or blood in your stool, talk to your doctor immediately.

How is faecal incontinence evaluated?

To make a diagnosis, your doctor may take your medical history and perform a physical examination. Your doctor may also perform one or more diagnostic tests to examine your anal sphincter muscles and lower digestive tract.

What treatment options are most often prescribed?

- » **Dietary changes** – to change the bulk of the stool, to consume smaller meals more frequently, to eat and drink at different times
- » **Exercise therapy** – selected exercises to improve pelvic floor function
- » **Medications** – antidiarrhoeal medicines or drugs to relax the bowel
- » **Bowel training** – biofeedback and/or scheduled bowel movements to strengthen and coordinate muscles
- » **Injectable bulking agents** – to increase sphincter muscle tissue bulk
- » **Neurostimulation** – to stimulate the nerves controlling bowel function
- » **Surgery** – to implant an artificial anal sphincter or to remove a portion of the bowel

What is neurostimulation?

Bowel function is regulated by a group of nerves at the base of the spine called the sacral nerve plexus. By stimulating these nerves through gentle electrical impulses (neurostimulation), your bowel activity can be changed. One way to stimulate these nerves is with Urgent PC.



What can I expect from treatment with Urgent PC?

A small, slim needle electrode is temporarily inserted near your ankle. The needle electrode is then connected to the battery-powered stimulator. After turning on the stimulator, your doctor will observe your body's response to determine the ideal strength of the impulses.

Each of your treatment sessions will last approximately 30 minutes. You will receive an initial series of 12 treatments, typically scheduled a week apart. After the initial 12 treatments, your doctor will discuss your response to the treatments and determine if you will need future treatments to maintain your results.

What will I feel with Urgent PC therapy?

Because patients may experience the sensation of the Urgent PC treatment in different ways, it's difficult to say what the treatment would feel like to you. However, treatment with Urgent PC is typically well-tolerated by patients. Urgent PC offers many different levels of stimulation, so your doctor will be able to adjust treatment to suit you as well as address any discomfort that you might experience during treatment.

