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the Top

What I Want My Spouse To Know

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Open, honest conversations will reveal insecurity that you may possess that can be dealt with and resolved over time. I have found that the lack of communication simply exasperates the smaller problem areas when swept aside.

- Aaron Walker

1. I feel you are more present at home when you

2. What are two things I could do around our home to help you more?

3. What emotional needs am I missing?

4. What would you like to see me do with our children?



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"Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken."
Ecclesiastes 4:12

5. What are two of my behaviors you would like for me to change?

6. If you could magically change this one thing about our marriage you would

7. What relationships would you like me to end?

8. If you could solely make this decision alone, you would

9. What task or responsibilities are you performing that you would rather not?



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Happy is the man who finds a true friend, and far happier is he who finds that true friend in his wife.
- Franz Schubert

10. You have a few responsibilities I would like for you to consider improving on.

11. Listed here are physical and/or sexual needs I would like to discuss.

12. I personally think you need to reconsider the amount of time you are involved in this.

13. What sporting activity or hobby would you like to see me more involved with?

14. From a spiritual standpoint, I would like to see you more/less involved. This is how I see this.



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Above all, love each other deeply, because love covers over a multitude of sins

1 Peter 4:8

15. I would like to share with you a secret fantasy I have about our relationship.

16. I know this is an unrealistic dream for today but at some point, I would like to see this a reality.

17. If you did this once a month it would be amazing.

18. I would like it if you would update your wardrobe. This is what I would enjoy seeing you in.

19. With your permission I would like to throw these things away.

20. As your spouse, it would be amazing if you would just occasionally ask me to _____ with you.



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"For husbands, this means love your wives, just as Christ loved the church. He gave up his life for her."

Ephesians 5:25

21. As your spouse, I would enjoy doing this once a year by myself.

22. As your spouse, I wish I felt as important to you as _____ appears to be.

23. You make me feel special when you

24. As your spouse, I want to be more involved when decisions are made about

25. I feel loved, appreciated, and admired most when you