

**Trend Report** 

## **Spending Habits**

2019

→ 300 interviews to people in <u>charge of household shopping</u>

- → National representative sample
- → Individuals between 18 and 54 years of age

Developed by

#### Do consumers save up for the future?

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### 5 of 10

Save only up to 10% of their income

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1 of 10

Don't save anything at all

# Of the savers, how much do they save?

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### 5 of 10

Save more than 10% of their income

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2 of 10

Saves more than 40% of their income

Men and women save the same percentage, but have different incomes



Of men's household income is over 50k per year



16%

Of women's household income is over 50k per year

#### Where do they keep their savings?



50%

Savings account



35%

Current account



13%

Pension plans



13%

Funds or actions

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10%

Collections (gold, coins, etc.) Do consumers feel like they're managing to save more or less money than in the past?

33% Save the 25%

Save the Save same amount more than year by year before 22%

Have never managed to save 20%

Save less than before 11%

Can't save and struggle to reach the end of the month

## What if their income increases by 10%?

## What if their income decreases by 10%?

51%

Would prudently put the money in their savings 51%

Would spend less on entertainment

40%

Would spend it on food & drink 44%

Would spend less on clothes & footwear

37%

Would spend it on rent or mortgage 34%

Would spend less on food & drinks

**Consumers are** savvy savers: What saving strategies do consumers have?



4 of 10 Avoid spending in general



4 of 10 Don't go out to shows or restaurants

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4 of 10

Buy online if they find a better price

1 of 10

Don't do anything to cut back expenses

# Are younger spenders less concerned about limiting their spending?



# **2 of every 10** individuals

Under the age of 24 don't do anything to limit their expenses

Consumers use budget management apps like Toshl, Wallet, or a mobile app provided by the bank itself

#### 70%

Of under 35s use personal finance apps to manage their spending

#### 60%

Of consumers use personal finance apps to manage their spending

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# Do you want to bring the consumer to the heart of your decisions?

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