

Medicine is a family affair for the doctors of regenerative practice Verdant Health



The physicians of Manheim Township regenerative medicine practice Verdant Health are, from left, Dr. Laleh Radfar-Baublitz, Dr. Livia K. Baublitz and Dr. Jennie-Corinne Baublitz-Brenenborg. The practice opened in January 2018 and offers physical and aesthetic care services.

DAN MARSCHKA | Staff Photographer

For the doctors of [Verdant Health](#), medicine is a family affair.

Dr. Livia K. Baublitz started the regenerative medicine practice at 1392 Harrisburg Pike in Manheim Township in January, and was soon joined by her older sister, Dr. Jennie-Corinne Baublitz-Brenenborg.

Their sister-in-law Dr. Laleh Radfar-Baublitz came on board in October. She's married to their brother, Dr. Seth Baublitz.

Baublitz-Brenenborg said she believes the siblings' original interest in medicine came from their father, who taught high school anatomy and physiology at West York Area High School.

Radfar-Baublitz said both her parents are physicians, and she has a sibling who is also a doctor — as well as a sibling who is an attorney.

“Again, it was in the family,” she said. “We heard it at the dinner table every night.”

The two families crossed paths in medical school, where Radfar-Baublitz met her future husband and his siblings. And their paths stayed close over the years, as they went through residencies and then returned to the York area.

“Everyone says ‘How can you work with your family?’” Baublitz-Brenenborg said. “I think ultimately we all have developed a great respect for each other in terms of our skills and what we bring to the profession, and I can honestly say that I respect my siblings and my sister-in-law as truly good people.”

Changing emphasis

All three women are doctors of osteopathic medicine specializing in physical medicine and rehabilitation, which is sometimes called physiatry.

Their field focuses on helping people function again after a wide range of musculoskeletal or neurological problems, from sports injuries to strokes.

For years, they said, they’ve used traditional medicine approaches to treat patients or help them handle pain.

But over time they became interested in the developing field of regenerative medicine, which their practice website describes as enhancing health and wellness “with natural bio-therapeutic strategies.”

The vision for working together grew as they spent the last couple of years getting more training on techniques like platelet rich plasma, exosome therapy and extracorporeal pulse activation technology, which is also called acoustic wave therapy.

Radfar-Baublitz said they became interested because of how the techniques worked in the spine, then decided to look at how they might work in the entire body — “hair, skin, joints, etc.”

Today they offer both aesthetic and physical care, with services including vitamin intravenous therapy, stem cell therapy for hair loss, body contouring and microneedling, which is also called collagen induction therapy.