



# Telepractice Family Routines Form

Use the form below to help us understand your family's daily routines or activities. This information will be very helpful for planning our telepractice sessions. Please check those that apply and add any other routines.

## Daily Routines

- |  |   |
|--|---|
| <input type="checkbox"/> Putting hearing devices on            | <input type="checkbox"/> Reading books          |
| <input type="checkbox"/> Getting out of bed                    | <input type="checkbox"/> Going to the store     |
| <input type="checkbox"/> Dressing                              | <input type="checkbox"/> Putting groceries away |
| <input type="checkbox"/> Breakfast                             | <input type="checkbox"/> Making dinner          |
| <input type="checkbox"/> Morning play time                     | <input type="checkbox"/> Cleaning               |
| <input type="checkbox"/> Helping siblings get ready for school | <input type="checkbox"/> Bedtime routine        |
| <input type="checkbox"/> Chores (laundry, cleaning, etc.)      | Other:  |
| <input type="checkbox"/> Going in the car                      | <input type="checkbox"/> _____                  |
| <input type="checkbox"/> Lunch                                 | <input type="checkbox"/> _____                  |
| <input type="checkbox"/> Nap                                   | <input type="checkbox"/> _____                  |

Choose several routines and consider the following when answering the questions for each routine below:

- Feel comfortable describing challenges (my baby does not like diaper changes) or things that go well (my child loves looking at books) during the routine.
- Think about how your child listens and understands what you are saying or tells/shows you what they want.
- What objects, toys or household items is your child most interested in during the routine?

*Note: It is helpful if you send a photo or short video of you and your child interacting in the routine.*



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## Routine 1 \_\_\_\_\_

What are some examples of what your child does/says during the routine?

What are some examples of what you /other family members do/say during the routine?

What toys or household objects are associated with the routine?

## Routine 2 \_\_\_\_\_

What are some examples of what your child does/says during the routine?

What are some examples of what you /other family members do/say during the routine?

What toys or household objects are associated with the routine?