

Lesson Library

Paying for College

Lesson	Videos	Helpful Resources
How to Fund Your Education	<ul style="list-style-type: none"> • Complete Your FAFSA • Review Your Award Letter and Other Resources • Understand Your Loan Options 	<ul style="list-style-type: none"> • Education Funding Plan • Plus vs. Private Loans • Education Financing Timeline • Ladder of Smart Borrowing • Scholarship Hunt
Intro to Federal Loans	<ul style="list-style-type: none"> • Intro to Federal Loans • Rights and Responsibilities • Repayment 	<ul style="list-style-type: none"> • Five Steps to a Direct Loan • Ladder of Smart Borrowing • Education Funding Plan • Direct Loan Servicers
Intro to Private Loans	<ul style="list-style-type: none"> • Introduction to the Private Loan • All About Interest Rates, Fees, and Terms and Conditions • Private Loan Repayment 	<ul style="list-style-type: none"> • Get to Know Your Private Loans • Sample Disclosure Statements
Budgeting	<ul style="list-style-type: none"> • Creating a Budget • Maintaining a Budget • Savings Strategies 	<ul style="list-style-type: none"> • Financial Fitness • Budget Busters
Off Campus Living	<ul style="list-style-type: none"> • On vs. Off Campus • Finding the Right Apartment • Making Ends Meet 	<ul style="list-style-type: none"> • On vs. Off Campus Checklist • Evaluating Rentals

Money Management

Lesson	Videos	Helpful Resources
Banking Basics	<ul style="list-style-type: none"> • Banking Services • How to Balance Your Account • Choosing a Bank 	<ul style="list-style-type: none"> • Understanding Your Bank Statement • Choosing a Bank and Bank Account
Credit Basics	<ul style="list-style-type: none"> • Credit Reports and Scores • Build and Maintain Good Credit • Developing Trust through Smart Credit Card Usage 	<ul style="list-style-type: none"> • Understanding Your Credit Report • Interpret Your Credit Score
Gauge Your Debt	<ul style="list-style-type: none"> • Estimate Your Student Loan Payments • Look Ahead to Your Repayment Ability • Spend Less, Borrow Less, Pay Back Less 	<ul style="list-style-type: none"> • Setting Salary Expectations • Borrow Within Your Means • Financial Fitness • Direct Loan Servicers

Money Management

Lesson	Videos	Helpful Resources
Identity Theft	<ul style="list-style-type: none"> Identity Theft Overview Identity Theft Prevention What to Do if Identity Theft Strikes 	<ul style="list-style-type: none"> Fixing Identity Theft Identity Theft Prevention
Credit Review	<ul style="list-style-type: none"> Credit Fundamentals Credit Tune Up Healthy Credit Card Use 	<ul style="list-style-type: none"> Understand Your Credit Report Interpret Your Credit Score
Stay The Course	<ul style="list-style-type: none"> Revisit Your Budget Be Green and Save Money Avoid Credit Hazards 	<ul style="list-style-type: none"> Monthly In-School Budget Green Savings Evaluating Credit Card Habits

Learning to Learn

Lesson	Videos	Helpful Resources
Classroom Expectations	<ul style="list-style-type: none"> Differences Between High School and College How To Meet Expectations Professor Concerns and Ideal Student Habits 	<ul style="list-style-type: none"> How to Handle the Differences Between High School and College Outlining College Textbook Chapters
Study Tips and Note-Taking	<ul style="list-style-type: none"> Getting Started Outlines Note-Taking Self-Evaluation 	<ul style="list-style-type: none"> Getting the Most Out of Your Math Homework Outlining College Textbook Chapters
Exam Preparation	<ul style="list-style-type: none"> Getting Started Before, During, and After Test Types and Tips 	<ul style="list-style-type: none"> Tips to Help Overcome Test Anxiety DETER: A Test Taking Strategy Outlining College Textbook Chapters 5 Steps to Take if You Fail an Exam
Reducing Test Anxiety	<ul style="list-style-type: none"> What Test Anxiety Is Reducing Test Anxiety Triggers and Practice 	<ul style="list-style-type: none"> Tips to Help Overcome Test Anxiety DETER: A Test Taking Strategy 5 Steps to Take if You Fail an Exam
How to Succeed in Math	<ul style="list-style-type: none"> Getting Started Exams and Online Courses Making Class Time Effective 	<ul style="list-style-type: none"> Getting the Most Out of Your Math Homework Outlining College Textbook Chapters 5 Steps to Take if You Fail an Exam Tips to Help Overcome Test Anxiety
Pre-Writing Techniques	<ul style="list-style-type: none"> Planning Generating Ideas Organizing Ideas 	<ul style="list-style-type: none"> 5 Effective Pre-Writing Strategies A Roadmap to Critical Thinking
Drafting Papers	<ul style="list-style-type: none"> The Body of the Essay Essay Organization Introduction Styles Conclusion Styles 	<ul style="list-style-type: none"> 5 Effective Pre-Writing Strategies A Roadmap to Critical Thinking

Learning to Learn

Lesson	Videos	Helpful Resources
Online Courses	<ul style="list-style-type: none"> Scheduling Your Instructor and Course Setting Goals 	<ul style="list-style-type: none"> What is a SMART Goal Planning Your SMART Goals Writing Your SMART Goals Outlining College Textbook Chapters
Developing Critical Thinking	<ul style="list-style-type: none"> The Steps Toward Critical Thinking Defining Critical Thinking Who Critical Thinkers Are 	<ul style="list-style-type: none"> A Roadmap to Critical Thinking Four Attributes of Emotional Intelligence
Academic Integrity	<ul style="list-style-type: none"> More Than Cheating Academic Integrity in the Real World 	<ul style="list-style-type: none"> The 5 Pillars of Academic Integrity Four Attributes of Emotional Intelligence

Life Skills for Success

Lesson	Videos	Helpful Resources
Your College Bucket List	<ul style="list-style-type: none"> Life After Graduation The Paths to Success The Other 4.0 Maximizing Your College Experience 	<ul style="list-style-type: none"> 5 Tips for Landing Your Dream Internship 12 Interview Tips to Leave Them Impressed
Exploring Careers and Majors	<ul style="list-style-type: none"> First Steps Exploring Careers Choosing Your Major and Skill Building Career Goals 	<ul style="list-style-type: none"> Setting Salary Expectations Job Hunting 12 Interview Tips to Leave Them Impressed Interview Assessment
Maximizing Your College Experience	<ul style="list-style-type: none"> Your College Experience The New Workplace Success Skills Getting the Most out of Your College Experience 	<ul style="list-style-type: none"> 5 Tips for Landing Your Dream Internship 12 Interview Tips to Leave Them Impressed
Habits of Mind for College Success	<ul style="list-style-type: none"> Habit 1, 2, and 3 Habit 4, 5, and 6 Habit 7, 8, 9, and 10 	<ul style="list-style-type: none"> A Roadmap to Critical Thinking 5 Steps to Take if You Fail an Exam
Time Management Strategies	<ul style="list-style-type: none"> Getting Started When and How You Spend Time Schedule Creation Additional Tips 	<ul style="list-style-type: none"> What is a SMART Goal Planning Your SMART Goals Writing Your SMART Goals
Well-Being, Balance, and Success	<ul style="list-style-type: none"> Dimensions Habits Your Vocabulary 	<ul style="list-style-type: none"> Four Attributes of Emotional Intelligence A Roadmap to Critical Thinking
Handling Failure	<ul style="list-style-type: none"> The Elements of Failure Handling Failure Examples of Failure 	<ul style="list-style-type: none"> 5 Steps to Take if You Fail an Exam Four Attributes of Emotional Intelligence Tips to Help Overcome Test Anxiety

Life Skills for Success

Lesson	Videos	Helpful Resources
Emotional Intelligence	<ul style="list-style-type: none"> • A New Focus • Personal Competence • Social Competence • Leadership Styles • Increasing Emotional Intelligence 	<ul style="list-style-type: none"> • Four Attributes of Emotional Intelligence • The 5 Pillars of Academic Integrity
Improving Faculty Relationships	<ul style="list-style-type: none"> • The Student and Instructor • Learning and Respect • Communication and Resources 	<ul style="list-style-type: none"> • How to Handle the Differences Between High School and College • Four Attributes of Emotional Intelligence • The 5 Pillars of Academic Integrity
Setting and Accomplishing Goals	<ul style="list-style-type: none"> • What and Why • Types of Goals • Roadblocks and Obstacles • Final Tips 	<ul style="list-style-type: none"> • What is a SMART Goal • Planning Your SMART Goals • Writing Your SMART Goals

Real-World Finance

Lesson	Videos	Helpful Resources
Big Decisions	<ul style="list-style-type: none"> • Grad School or Real World • Job Search • Car Buying 	<ul style="list-style-type: none"> • Job Hunting • Interview Tips • Interview Assessment • Your Next Vehicle • 12 Interview Tips to Leave Them Impressed
Future Finances	<ul style="list-style-type: none"> • Paychecks, Taxes, and Benefits • Intro to Investments • 401 (k) and Retirement Planning 	<ul style="list-style-type: none"> • Understanding Your Pay Stub • Rule of 72 • Determine Your Investing Style
Mortgages and More	<ul style="list-style-type: none"> • Home Buying Basics • Mortgage Types Simplified • Qualifying for a Mortgage 	<ul style="list-style-type: none"> • Mortgage Pre-Approval Tip Sheet • Mortgage Affordability Worksheet
Manage Your Repayment	<ul style="list-style-type: none"> • Organize Your Student Loans • Understand Repayment Options • More Options for Your Repayment Strategy 	<ul style="list-style-type: none"> • Student Loan Worksheet • Out of School Budget • Public Service Loan Forgiveness • Consolidation Fact Sheet
Lost in Repayment	<ul style="list-style-type: none"> • Getting Lost • Asking for Directions • Avoiding Another Wrong Turn 	<ul style="list-style-type: none"> • Public Service Loan Forgiveness