

Leadership

Underpinned by the latest research in **Positive Psychology**, we help Leaders across all levels tune into and amplify the best of themselves and the best of the people around them rather than focusing on the negatives. As leaders we need to grow as great role models and coaches - we need to enhance our Emotional Intelligence so that we can use our knowledge, skills and strengths effectively.



Our Leadership Development solutions offer maximum impact for minimum investment by focusing on developing the foundational Emotional Intelligence leaders need across four core areas: **Leadership, Leading Self, Leading Others and Leading the Organisation**. With a “strengths” focus as the backbone of our leadership development programmes, we help leaders to unlock their own and others’ rich potential for peak performance and flourishing and thriving at work.

We know that time is precious, so we have designed our programmes in bitesize learning modules, which are flexible and easy to implement alongside other initiatives. These provide personal learning that is integrated with work and has life long impact.

| Leadership | | Leading Self | | Leading Others | | Leading the Organisation | |
|------------|--|--------------|------------------------------|----------------|------------------------------------|--------------------------|---|
| ✓ | Self-facilitation | ✓ | Learning Tools | ✓ | Facilitated conversation workshops | ✓ | 1 hour facilitated online workshops |
| ✓ | 1 hour facilitated lunch ‘n’ learn workshops | ✓ | ½ day workshops | ✓ | Full day workshops | ✓ | ½ day facilitated train-the-trainer workshops |
| ✓ | Online train-the-trainer workshops | ✓ | ½ day Executive team modules | ✓ | Full day Executive team modules | ✓ | Conference workshops |
| ✓ | Conference speaking slots | ✓ | HR Deep Dives | ✓ | Consultancy | ✓ | Full programmes |