



FAQS

WHAT'S OUR APPROACH?

We use a **human-centred approach** to design and delivery. This means that for our programmes we've researched, combined and tested our methodology to ensure that we are **igniting and sustaining high performance** in all people.

We take great pleasure in what we do, and this is evident in every single one of our services. Our consultants and facilitators will **energise and engage delegates** so that **learning is digested quickly** and there is a solid foundation for **extending and embedding**. Our programmes include ever-evolving activities, all grounded in highly significant **Positive Psychology** research and theory.

WHAT OPTIONS ARE AVAILABLE?

We offer flexible choices to suit your organisation and needs.

The options available are:

One-on-one / Online / Workshops / Train-the-trainer

These formats can also be delivered in a variety of styles:

Breakfast meetings / Lunch 'n' Learns / Half day / Full day / Evening meetings

WHAT'S THE IDEAL NUMBER OF DELEGATES?

We will always be able to tailor our programmes to suit your people, so there is **no minimum or maximum** that we can serve.

CAN PROGRAMMES BE TAILORED?

We have designed, tested and developed our programmes to be submerged in science, but with the **flexibility for refinement to suit organisations** we support. Whatever your people needs are, we're sure to be able to provide platforms to **move everyone in the right direction**.

WHAT'S INCLUDED IN THE PRICE?

When we work together, we want to build a relationship that supports organisational growth and development through its people.

What you'll benefit from is:

- Consultation and diagnostic of requirements and needs
- Delivery of skills training
- Embedding learning into company culture

As part of your programme with us, you will get:

- Pre-written communications to circulate to delegates
- Recommended reading and related follow-up actions
- Access to the facilitator via email after the session, for follow up support
- A summary of delegate feedback

ARE PROGRAMMES AVAILABLE OUTSIDE THE UK?

Yes, we are proud to have built connections internationally and are happy to offer our services to the wider markets within Europe, America, Canada, Australia and Asia.

WHO DELIVERS THE WORKSHOPS?

We're very lucky to have a great team of people behind the scenes.

We've worked tirelessly to ignite our strengths and fuse them into a powerfully passionate group of people, who are always keen to learn new things, deliver top-class experiences and make the world of work the best it can be.

Bailey & French.