## **KOLBE PROFILING**

## **INSTRUCTIONS FOR TAKING THE KOLBE A™ INDEX:**

- Set aside one uninterrupted hour to fully get the value of the Kolbe.
- Go to the Kolbe website at www.kolbe.com
- Click on the "Take the Kolbe A index"; it will take you directly to the index.
- After you take the Index, you can create a profile and review your results.
- Spend 20 minutes reviewing your results and be sure to listen to the audio clips on the appropriate screens.
- At the end of the "Time and Energy" section, under "Expand Your Horizons," is a link for you to order the audiobook that further discusses your specific natural strengths. Make sure to listen to it at least twice. These audios are also available on CD.
- Print out your results and bring them to your next session. To print or e-mail your results, click on the share icon at the top-right of your results page.

