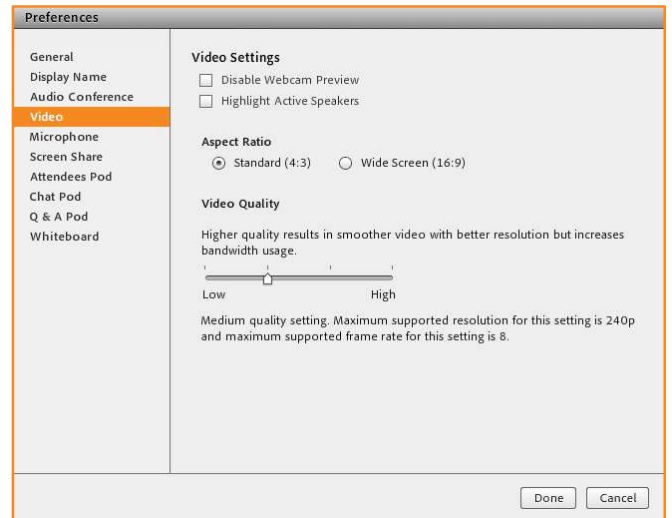
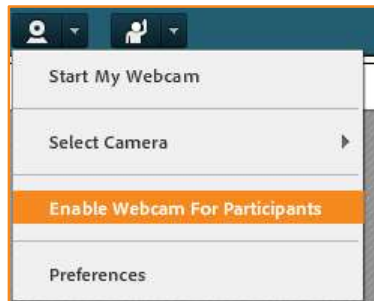
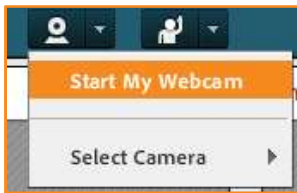


## Video Pod

**Video Pod:** The video or webcam pod is used to share your live webcam while in a meeting.

### Webcam set up and permissions:

- Click the drop down next to the **Camera icon**, Click **Preferences**, Choose your desired **Video Settings** (Medium Quality is recommended to save bandwidth)
- Click **Enable Webcam For Participants**



### Start your webcam:

- Connect webcam to computer, Click on the **Video Pod** and Click the **drop down** in the upper right hand corner, **Select Camera** if needed, followed by **Start My Webcam**,
- Click on the webcam icon, Select Camera if needed followed by **Start Webcam**
  - A preview of your webcam will come up
  - Click **Start Sharing** when you are ready
  - Video can be paused by clicking the **pause** button at the bottom left of the pod
- Choose the desired layout for the webcams **Filmstrip** or **Grid** by clicking on the corresponding icon

