

Welcome to **AP Psychology**! We are glad that you have decided to join this class and chose to challenge yourself with the fascinating world of psychology. We are certain that you will find this course worthwhile and personally relevant. Keep in mind that psychology is everywhere. Everything we do, think, and feel can be related back to psychology. AP Psychology is broken down into nine units of study which include: Scientific Foundations of Psychology, Biological Bases of Behavior, Sensation and Perception, Learning, Cognitive Psychology, Developmental Psychology, Motivation, Emotion, and Personality, Clinical Psychology, and Social Psychology. The course "introduces students to the systematic and scientific study of human behavior and mental processes...Throughout the course, students employ psychological research methods, including ethical considerations, as they use the scientific method, evaluate claims and evidence, and effectively communicate ideas." CollegeBoard AP Psychology Course and Exam Description, Effective Fall 2019 (7)

With that said, it is imperative that you get a jump start on the AP Psychology curriculum. It is mandatory, and in your best interest, to complete the summer assignment. This assignment will assist you throughout the school year and aid in your preparations for the AP Exam in May.

BOOK CHOICE ASSIGNMENT

Choose ONE of the following books to read. Write a 3 to 4-page response paper that provides a brief (1 - 2 paragraph) summary of the book and discusses select passages you found interesting or informative. In discussing your selected passages, you should

- identify which psychological issues, disorder, or therapeutic technique was used/addressed;
- make personal connections by relating what you learned to your own life and/or providing an overall reaction or opinion about it; and
- share how this book impacted knowledge or interest in psychology and why you would or would not recommend it to others.

Your response must include at least three (3) direct quotes cited from the book. Be sure that your submitted work is MLA formatted (12-pt Times New Roman, double spaced, 1-inch margins) and includes a properly formatted citation at the end of the paper. You do not need a full separate citation page unless you use/reference a source beyond the book.

BOOKLIST (all titles available online (Amazon or iBooks) or at your local bookstore):

- *You are Not so Smart* by David McRaney (Social Psychology)
- *Moonwalking with Einstein* by Joshua Foer (Memory/Cognitive Processing)
- *The Happiness Project* by Gretchen Rubin (Positive/Cognitive Psychology)
- *The Brain: The Story of You* by David Eagleman (Neuroscience)
- *The Champion's Mind* by James Afremow (Sports Psychology)
- *Brain Rules* by John Medina (Developmental/Learning Psychology)

This is **DUE no later than July 30th** and must be submitted to the “AP Psychology Summer 2020” class on turnitin.com. The “Class ID” is **24805528** and the “Enrollment Key” is **terrapin21**.

Finally, while we have tried to be detailed and clear in our instructions, please do not hesitate to email either of us should you have any questions. It may take me a couple of days to reply but we will get back to you.

We look forward to an exciting and fun class with you in the fall.

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