

# CURETTAGE AFTERCARE

Please read the information below which will help you in your recovery from the procedure performed by your doctor today.

## Care for the wound

- Healing on the lower leg takes three to four weeks, or two weeks on the back.
- A small amount of blood under the dressing is normal.
- Infection occurs in a small percentage of wounds. Look for:
  - increasing pain;
  - wound discharge;
  - redness around the wound;
  - an unexplained temperature.

## Healing

- Take care with the wound in the first few days. Exercise, straining or bumping the wound can cause bleeding.
- Keep the wound dry until the dressing comes off.
- The dressing must be removed no later than 24 hours after the procedure. Shower to remove the dressing, soaking them to ensure they come away from the wound without bleeding. You can redress the wound but it is best left open.
- An antiseptic such as Betadine (not Dettol or Savlon) needs to be applied to the wound twice daily to help prevent infection and help dry up the wound. This needs to be done until the wound has scabbed over.
- Pain should be controlled with Panadol or Nurofen Plus.

**If you have any questions or concerns, don't hesitate to contact us.**