

# GP UPDATE

NO PHARMA  
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## PROGRAM OVERVIEW

ALSO AVAILABLE ONLINE

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The GP Update is UK's most popular education program completed by over 10,000 GPs each year that has now been custom-built for Australia. It is a one-day course run by GPs for GPs, focusing on several clinical areas and the latest guidelines for diagnosis and treatment of common conditions and disease states presented in general practice. The program collates the latest issues, literature, research and best-practice guidelines, interprets these for real life general practice, and helps you keep up to date with all current topics pertinent to primary care. The program follows a lecture-style approach with plenty of interaction from the audience, humour and visual cues to help get the messages across and keep you listening (and learning!) throughout the day.

### ACCREDITATION

12 RACGP Category 2 CPD points  
6 ACRRM PRPD points

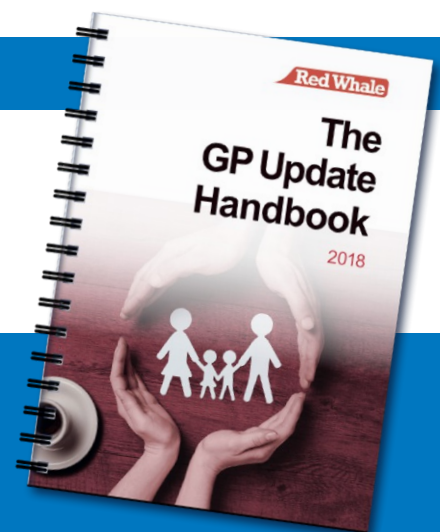
If optional Clinical Audit completed, additionally:  
40 RACGP Category 1 CPD points  
30 ACRRM PRPD points

### TOPICS COVERED

- **Women's health toolkit**  
Antenatal screening, LARC, COCP, perinatal mood disorders, PID
- **Worry and wellness**  
B12-incl caution with PPIs, food, mood and exercise, osteoporosis and exercises for BMD and walking sticks, vaccination update, psoriasis, acne, IBS
- **Diabetes and cardiovascular disease**  
Pre-diabetes, managing diabetes during Ramadan, absolute CVS risk, salt and BP, heart failure, how to read an echo
- **Afternoon clinic**  
Hot topic: PreP for HIV, DV/child sexual abuse/ "#MeToo", rheumatic fever ATSI, BPH, FAST = Stroke, allergy and anaphylaxis, looking after colleagues, obstructive sleep apnoea (HANDI), premature ejaculation

## BONUS: REFERENCE HANDBOOK

Participants will receive a 250 page handbook covering the results of the most important research over the last five years – an extremely useful reference which details much more than is covered in the course. The handbook deals with various subjects more extensively than is possible in the one-day course and represents a valuable resource document for current needs, self-study and future reference.



DATES | FACE-TO-FACE  
COMING SOON

DATES | ONLINE  
Available online throughout the year



*All topics covered are very relevant to daily practice. Great summary of current evidence and guidelines for management. The handbook is an excellent take-home resource.*

– Dr P. Harris, SA –

*This course cuts to the chase about what is important. I unhesitatingly recommend it - so valid for all GPs.*

– Dr J. Leventhorpe, QLD –

