

QUALITY ASSURED BY



MEDICAL NUTRITION MANAGEMENT

DUE TO POPULAR DEMAND: NEW UNIVERSITY QUALITY-ASSURED PROFESSIONAL DIPLOMA PROGRAM

PROGRAM OVERVIEW

ONLINE

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Despite the prevalence of nutritional disorders and an increasing amount of evidence showing the significance of diet in disease prevention, medical practitioners are typically untrained in the relationship of nutrition to health and disease. This three-part online program is tailored for medical practitioners who wish to gain a better understanding of nutrition management in order to improve patient outcomes, especially for those patients with conditions commonly seen in general practice, such as obesity, diabetes, pregnancy, cardiovascular disease, cancer and eating disorders. The program explores the role of therapeutic diets in the treatment of chronic illnesses and other nutritional disorders, highlighting the principles of the nutrition care process as applicable in a primary care setting. You will learn key nutrition assessment techniques and intervention strategies that will assist you in providing comprehensive health care to your patients.

PRESENTERS



Prof Liz Isenring
Head, Nutrition and Dietetics Programs
Bond University

Learn from leading nutrition experts, highly qualified practicing dietitians, and nutrition researchers who manage a highly qualified team of best-practice experts and are associated with Bond University.

DELIVERY FORMAT

The Medical Nutrition Management program is delivered online in eight units. Each course in the three-part program is held over 15 weeks with 12 weeks of teaching followed by three weeks for revision and final examinations. The courses include online presentations from experts in the field followed by patient case discussions and decision-making. There is a final webinar prior to examinations.

PATHWAY OPTIONS

This online three-part program consists of the Professional Certificate, Advanced Certificate, and Professional Diploma of Medical Nutrition Management. Upon completion of the program, participants will be eligible to apply for credit for the Graduate Diploma in Nutrition with Bond University. RPL will be granted for NUTR71-105 Nutrition and Chronic Disease Management. This is suitable for medical practitioners who are mainly interested in clinical academic study. Course graduates may also continue their professional development by completing a clinical attachment, which are available on request. These will be on a 1:1 basis providing the opportunity to observe clinical nutrition consultations, planning and decision-making and ask questions of the expert.

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PROFESSIONAL CERTIFICATE OF MEDICAL NUTRITION MANAGEMENT

ONLINE

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COURSE OBJECTIVES

Learn the foundations of dietary guidelines and how they can be applied in general practice to better manage chronic diseases, malnutrition, weight loss, and other conditions.

ENTRY REQUIREMENTS

No prerequisites of previous training required.

ACCREDITATION (EXPECTED)

RACGP 40 Category 1 QI&CPD points

ACRRM 30 PRPD points

TOPICS COVERED

- How dietary guidelines can be used to guide treatment
- Approaches for the management of chronic disease: Mediterranean, MIND, vegetarian, high protein, low GI
- Myths and fads: superfoods, paleo and organics
- Vitamins, minerals and supplements
- Gastrointestinal health
- Malnutrition in older adults
- Talking with patients about weight management
- Bariatric care

DATES | ONLINE

Trimester 2: 6 May 2019

Trimester 3: 2 Sep 2019

Trimester 1: 6 Jan 2020

ADVANCED CERTIFICATE OF MEDICAL NUTRITION MANAGEMENT

ONLINE

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COURSE OBJECTIVES

Learn how medical nutrition strategies can be implemented to improve patient outcomes in areas including pregnancy, diabetes, cancer, sport and cardiovascular nutrition.

ENTRY REQUIREMENTS

Completed Professional Certificate of Medical Nutrition Management.

ACCREDITATION (EXPECTED)

RACGP 40 Category 1 QI&CPD points

ACRRM 30 PRPD points

TOPICS COVERED

- Nutrition for fertility, pregnancy and lactation
- Patient centred weight management: non-diet approach
- Metabolic syndrome and insulin resistance
- Carbohydrates and diabetes
- Cardiovascular nutrition
- Gut microbiome: pre and probiotic treatments
- Nutrition management in cancer
- Sport nutrition for high performance

DATES | ONLINE

Trimester 3: 2 Sep 2019

Trimester 1: 6 Jan 2020

Trimester 2: 4 May 2020

PROFESSIONAL DIPLOMA OF MEDICAL NUTRITION MANAGEMENT

ONLINE

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COURSE OBJECTIVES

Take your medical nutrition knowledge to the highest level with an understanding of how to assess and intervene in the most complex conditions managed in primary care.

ENTRY REQUIREMENTS

Completed Advanced Certificate of Medical Nutrition Management.

ACCREDITATION (EXPECTED)

RACGP 40 Category 1 QI&CPD points

ACRRM 30 PRPD points

TOPICS COVERED

- Food allergies and intolerances
- Eating disorders including anorexia and bulimia
- Nutrition for people with a disability
- Childhood nutrition
- Nutrition in COPD and asthma
- Nutrition in chronic kidney disease and kidney stones
- Drug-health interactions
- Coaching behaviour change

DATES | ONLINE

Trimester 1: 6 Jan 2020

Trimester 2: 4 May 2020

Trimester 3: 7 Sep 2020

ENROLMENT OPTIONS

There are three intakes for each course per year and participants can begin their studies in any trimester of the year. Participants may enrol in one (professional certificate), two (professional and advanced certificates), or all three (professional and advanced certificates and professional diploma) courses at once. The three courses build upon the knowledge of the previous course and must be completed in sequential order to qualify for the professional diploma. Bundle pricing available.

